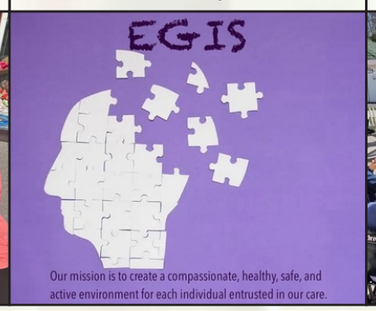
Colebrook Village at Hebron

April 2024

AR Activity Room
SW Spiritual Wellness
DR Dining Room
LR Living Room
BT Bus Trip
SW Social Wellness
PW Physical Wellness
EM Entertainment or Movie
IW Intellectual Wellness
EW Emotional Wellness
Neighborhood Stroll
Bus Trip
Music
Snack and Chat
Creative Arts
Physical Wellness
Game Time
Baking/Cooking
Movie
Pet Visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April Fools' Day 1 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Balloon Volleyball 11:00 SW Father Ron in the Welles 1:30 PW Cardio Drumming 2:15 AR Creative Senses -- w/ Jeanette 3:00 SW Floats & Tunes 3:30 IW Mystery Activity 6:30 EM Romance Movie Night	**Peanut Butter & Jelly Day!** 2 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 EW Yoga: Mind, Body & Soul ❤ 2:00 IW Science Experiments 2:30 IW Memory Journaling 3:00 SW Refreshments with Friends 3:30 PW Balloon Volleyball 6:30 EM Comedy Movie Night	**Find A Rainbow Day!** 3 7:00 DR Morning Melodies♪ 7:30 SW Visits with Abby Girl 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 DR My Mother's Recipes with Krystyna❤ 1:30 PW Seated Cardio 2:00 EM Sing-Along with Jeanette♪ 2:30 IW Rainbow Making w/ Jeanette 3:00 SW Refreshments with Friends 3:30 IW Blissful Spa! 6:30 EM Classic Movie Night	**Happy Birthday Patty!** 4 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 IW Flamingo Toss 1:00 EW Therapy Dog Visits with Jax 1:30 PW Vacuum Warriors Game - w/ Mike 2:25 Walking Club -- Inside or Outside 3:15 SW Cocktail Hour 3:30 PW NERF Football 6:30 EM Adventure Movie Night	**National Nebraska Day!** 5 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 PW Balloon Games 1:15 BT Trip Around Town with Herman 3:00 SW Refreshments with Friends 3:30 PW NERF Football 4:00 IW Connect 6 6:30 EM Resident Choice Movie Night	**National Homemade Day!** 6 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 11:00 PW Cardio Drumming 1:45 EM Movie Matinee -- Theater! 3:00 SW Refreshments with Friends 3:30 AR Bingo 6:30 EM Musical Movie Night♪
Happy Birthday Doris! 7 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:15 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:00 EM Name That Tune! 1:30 IW Bracelet Making 2:30 PW Cornhole 3:00 SW Refreshments with Friends 3:30 AR BINGO- Number Edition! 6:30 EM Western Movie Night	**National Zoo Lovers Day!** 8 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 IW All About The Zoo 1:30 PW Cardio Drumming 2:15 AR Creative Senses -- w/ Jeanette **2:20 Watch Solar Eclipse!** 3:00 SW Refreshments with Friends 6:30 EM Romance Movie Night	**Happy Birthday Jackie!** 9 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 EW Yoga: Mind, Body & Soul ❤ 2:00 IW Science Experiments 2:30 IW Memory Journaling 3:00 SW Refreshments with Friends 3:45 PW NERF Football 6:30 EM Comedy Movie Night	**National Siblings Day!** 10 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 DR My Mother's Recipes with Krystyna❤ 1:30 EM Sing-Along in the Welles ♪ 2:00 PW Seated Cardio 2:30 IW Blissful Spa! 3:00 SW Refreshments with Friends 3:15 PW Dart Game! 6:30 EM Classic Movie Night	**National Pet Day!** 11 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' 10:30 PW Low Intensity Aerobics 11:00 IW Makin' Dog Taggies 1:00 EW Therapy Dog Visits with Jax 1:30 PW Volleyball w/ Mike 2:00 EM Mr. Magic- Magician -Space TBD 2:45 Walking Club -- Inside or Outside 3:15 SW Cocktail Hour 3:30 PW NERF Football 6:30 EM Adventure Movie Night	**National Grilled Cheese Day!** 12 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 PW Beach Ball & Noodle Hockey 1:15 BT Trip Around Town with Herman 3:00 SW Refreshments with Friends 3:30 PW NERF Football 4:00 IW Connect 6 6:30 EM Resident Choice Movie Night	**Thomas Jefferson Day!** 13 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 11:00 PW Cardio Drumming 1:45 EM Movie Matinee -- Theater! 2:00 AR Fun Games with Tonya 3:00 SW Refreshments with Friends 3:30 AR Bingo -- Photo Edition! 6:30 EM Musical Movie Night♪
Gardening Day! 14 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:15 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:30 IW Herb Planting 2:30 PW Bowling 3:00 SW Refreshments with Friends 3:15 AR Volleyball 6:30 EM Western Movie Night	**Titanic Remembrance Day!** 15 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 IW All About The Titanic 1:30 PW Cardio Drumming 2:15 AR Creative Senses -- w/ Jeanette 3:00 SW Refreshments with Friends 3:15 PW Balloon Volleyball 6:30 EM Romance Movie Night	**Wear Your Pjs Work Day!** 16 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 EW Yoga: Mind, Body & Soul ❤ 2:00 IW Science Experiments 2:30 IW Memory Journaling 3:00 SW Refreshments with Friends 3:45 PW NERF Football 6:30 EM Comedy Movie Night	**National Banana Day!** 17 7:00 DR Morning Melodies♪ 7:30 SW Visits with Abby Girl 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 DR My Mother's Recipes with Krystyna❤ 1:30 PW Seated Cardio 2:00 EM Sing-Along with Jeanette♪ 3:00 SW Refreshments with Friends 3:15 PW Balloon Volleyball 6:30 EM Classic Movie Night	**Exercise Day!** 18 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 SW Catholic Service w/ Father Mike- Chapel 1:00 EW Therapy Dog Visits with Jax 1:30 PW "LET'S GET PHYSICAL" w/ Mike 2:25 Walking Club -- Inside or Outside 3:15 SW Cocktail Hour 3:30 PW NERF Football 6:30 EM Adventure Movie Night	**Garlic Day!** 19 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 PW Balloon Games 1:15 EW Therapeutic Quack Time w/ Lisa's Ducks 3:00 SW Refreshments with Friends 3:30 PW NERF Football 4:00 IW Connect 6 6:30 EM Resident Choice Movie Night	**Volunteer Recognition Day!** 20 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 11:00 PW Cardio Drumming **1:30 EM Celebration Party (For Volunteers)** 2:00 AR Fun Games with Tonya 3:00 SW Refreshments with Friends 3:30 AR Bingo -- Photo Edition! 6:30 EM Musical Movie Night♪
Yellow Bat Day! 21 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:15 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:30 IW Paper Maché 2:30 PW Cornhole 3:00 SW Refreshments with Friends 3:30 AR BINGO- Number Edition! 6:30 EM Western Movie Night	**Earth Day!** 22 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 IW All About Recycling 1:30 PW Cardio Drumming 2:00 EM Irish To The Last Drop- Tavern 3:00 SW Refreshments with Friends 3:15 PW Nerf Football 6:30 EM Romance Movie Night	**Take A Chance Day!** 23 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 EW Yoga: Mind, Body & Soul ❤ 2:00 IW Science Experiments 2:30 IW Memory Journaling 3:00 SW Refreshments with Friends 3:45 PW NERF Football 6:30 EM Comedy Movie Night	**Bucket List Day!** 24 7:00 DR Morning Melodies♪ 7:30 SW Visits with Abby Girl 10:00 EM Music Therapy ♪ 11:00 DR My Mother's Recipes with Krystyna❤ 1:30 EM Sing-Along-Welles♪ 2:00 PW Seated Cardio 3:00 SW Refreshments with Friends 3:15 PW Nerf Football 6:30 EM Classic Movie Night	**National DNA Day!** 25 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 SW Church Services w/ Father Ron-Welles 1:00 EW Therapy Dog Visits with Jax 1:30 PW Whack-A-Mole w/ Mike 2:25 Walking Club -- Inside or Outside 3:15 SW Cocktail Hour 3:30 PW NERF Football 6:30 EM Adventure Movie Night	**Arbor Day!** 26 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 PW Beach Ball & Noodle Hockey 1:15 BT Trip Around Town with Herman 3:00 SW Refreshments with Friends 3:30 PW NERF Football 4:00 IW Connect 6 6:30 EM Resident Choice Movie Night	**First Ladies Day!** 27 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 11:00 PW Cardio Drumming 1:45 AR Fun Games with Tonya 3:00 SW Refreshments with Friends 3:30 AR Bingo -- Photo Edition! 6:30 EM Musical Movie Night♪
National Superhero Day! 28 7:00 DR Morning Melodies♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles 10:15 PW Let's Get Groovin'♪ 11:00 AR Artistic Circle- Painting or Coloring 1:15 IW Name That Tune!♪ 1:30 IW Making Pinecone Bird Feeders! 2:30 PW Balloon Volleyball 3:00 SW Refreshments with Friends 3:30 AR BINGO- Number Edition! 6:30 EM "Super Man" Movie	**National Zipper Day!** 29 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 IW All About Zippers! 1:30 PW Cardio Drumming 2:15 AR Creative Senses -- w/ Jeanette 3:00 SW Refreshments with Friends 3:15 PW Nerf Football 6:30 EM Romance Movie Night	**National Honesty Day!** 30 7:00 DR Morning Melodies♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin'♪ 10:30 PW Low Intensity Aerobics 11:00 EW Yoga: Mind, Body & Soul ❤ 2:00 IW Science Experiments 2:30 IW Memory Journaling 3:00 SW Refreshments with Friends 3:45 PW NERF Football 6:30 EM Comedy Movie Night				

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