

# Colebrook ∞ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

April 2024



A Big thank you to Lindy for "taking us" on a trip to New Zealand! Thank you for sharing your experience with us all! We loved it & no jet lag!



April will bring a couple of new faces to Colebrook! You will see Molly and her helper Megan helping in the Activity Department a couple of times a week! Molly is so excited to be here, she loves to chat!



Finally, we were able to welcome SLR Irish Dance Academy! A packed house to enjoy these beautiful dancers! Such a great show!







## Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd), our Spring Fling (19th). However you choose to have fun this month, we hope you enjoy the brightening days!



April will usher in a change here at Colebrook as we welcome Hancock Pharmacy! It was great to meet the pharmacy team and have them answer any questions we may have! The goodies they brought were great too!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>April Birthdays!</b> <ul style="list-style-type: none"> <li>Eileen D. 4/4</li> <li>Fran O. 4/9</li> <li>Laura W. 4/13</li> <li>Jeff D. 4/13</li> <li>Jim A. 4/16</li> <li>Pat L. 4/19</li> <li>Pat W. 4/25</li> </ul> <b>Happy Birthday to You All!</b>	<b>1</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:00 <span style="color:orange">IA</span> Shopping Out Trip to Walmart/Aldi 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:blue">IA</span> Armchair Travel 1:00 <span style="color:blue">IA</span> Book Chat & Review! 1:00 <span style="color:blue">MN</span> Matinee Showing of Musical Monday! 1:00 <span style="color:red">EW</span> Nail Care! by Appt! 2:30 <span style="color:purple">PW</span> Cardio Drumming! 3:00 <span style="color:green">SW</span> Off To The Races! 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>2</b> 9:00 <span style="color:purple">PW</span> Blood Pressure Clinic! 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:purple">PW</span> Yoga with Zoya 1:00 <span style="color:blue">IA</span> Bridge 1:15 <span style="color:red">EW</span> Boot Camp! 2:00 <span style="color:purple">PW</span> Corn Hole! 3:00 <span style="color:blue">IA</span> Mexican Train 3:00 <span style="color:blue">IA</span> Storytime with Jacqueline 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 5:45 <span style="color:red">EW</span> Pet Therapy Training	<b>3</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:red">EW</span> Out Trip 10:30 <span style="color:red">EW</span> Parkinson's Group 10:30 <span style="color:blue">IA</span> UNO! 12:45 <span style="color:red">EW</span> Guided Meditation! 1:30 <span style="color:blue">IA</span> Colebrook Vivacious Voices 1:30 <span style="color:purple">PW</span> Seated Cardio with Music! 2:00 <span style="color:blue">IA</span> Creative Corner 2:30 <span style="color:red">EW</span> Scenic Drive 3:00 <span style="color:green">SW</span> Pick A Prize Bingo 4:00 <span style="color:green">SW</span> Social Time	<b>4</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:green">SW</span> Coffee, Tea and Chat! 1:00 <span style="color:blue">IA</span> Bird's Eye View! 1:30 <span style="color:red">EW</span> Jax, the Therapy Dog! 2:00 <span style="color:blue">IA</span> Bridge 2:15 <span style="color:purple">PW</span> Sit and Fit! 3:15 <span style="color:purple">PW</span> Balloon Volleyball 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>5</b> 9:30 <span style="color:green">SW</span> St. Peter's Online Service 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:orange">IA</span> Resident Shuttle to Ted's & CVS 10:30 <span style="color:blue">IA</span> White Board Wheel of Fortune! 11:00 <span style="color:green">SW</span> Rosary 1:00 <span style="color:blue">IA</span> Music Appreciation 2:30 <span style="color:purple">PW</span> FUNCTIONal Fitness 3:00 <span style="color:blue">IA</span> Wordle/Word Within A Word! 3:30 <span style="color:orange">IA</span> Country Store 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>6</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:30 <span style="color:purple">PW</span> Cardio Drumming! 10:30 <span style="color:blue">IA</span> Great Courses: Lecture Series 1:15 <span style="color:blue">IA</span> Name That Tune Jeopardy! 1:45 <span style="color:blue">MN</span> Movie Matinee 2:00 <span style="color:blue">IA</span> Resident Led Coloring! 3:00 <span style="color:green">SW</span> DOLLAR BINGO 4:00 <span style="color:green">SW</span> Soda Saturday Social! 6:30 <span style="color:blue">MN</span> Movie Night!
<b>7</b> 9:15 <span style="color:green">SW</span> Transportation To Local Churches 10:00 <span style="color:green">SW</span> Televised Catholic Mass 10:30 <span style="color:green">SW</span> Second Cup Sunday! 11:00 <span style="color:blue">IA</span> Finish That Line or You Be the Judge! 1:00 <span style="color:blue">MN</span> Sunday at the Opera 1:15 <span style="color:blue">IA</span> Balloon Volleyball! 2:00 <span style="color:green">SW</span> Left Right Center! 2:45 <span style="color:blue">IA</span> UNO! 4:00 <span style="color:blue">IA</span> Res Led Rummikub, Cards, Games! 6:30 <span style="color:blue">MN</span> Movie Night!	<b>8</b> <b>Solar Eclipse!!!!</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:00 <span style="color:orange">IA</span> Shopping Out Trip to Dollar General 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:blue">IA</span> Armchair Travel 1:00 <span style="color:blue">MN</span> Matinee Showing of Musical Monday! 1:30 <span style="color:blue">IA</span> Eric The Plant Guy 2:30 <span style="color:purple">PW</span> Cardio Drumming! 2:30 <span style="color:blue">IA</span> Solar Eclipse Watch Party Begins! 2:30-4 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>9</b> 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:purple">PW</span> Yoga with Zoya 1:00 <span style="color:blue">IA</span> Bridge 1:00 <span style="color:red">PW</span> Wii Bowling! 1:15 <span style="color:red">PW</span> Boot Camp! 2:00 <span style="color:blue">IA</span> Genealogy! 3:00 <span style="color:purple">PW</span> Corn Hole! 3:00 <span style="color:blue">IA</span> Storytime with Jacqueline 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 5:45 <span style="color:red">EW</span> Pet Therapy Training	<b>10</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:red">EW</span> Out Trip 10:30 <span style="color:blue">IA</span> UNO! 12:45 <span style="color:red">EW</span> Guided Meditation! 1:30 <span style="color:red">EW</span> Sing-A-Long 2:00 <span style="color:purple">PW</span> Seated Cardio with Music! 2:30 <span style="color:red">EW</span> Scenic Drive 3:00 <span style="color:green">SW</span> Pick A Prize Bingo 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>11</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:green">SW</span> Coffee, Tea and Chat! 1:00 <span style="color:blue">IA</span> Bird's Eye View! 1:30 <span style="color:red">EW</span> Jax, the Therapy Dog! 2:00 <span style="color:blue">MN</span> Mr. Magic Magician! 3:15 <span style="color:purple">PW</span> Balloon Volleyball! 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>12</b> 9:30 <span style="color:green">SW</span> St. Peter's Online Service 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:orange">IA</span> Resident Shuttle to Ted's & CVS 10:30 <span style="color:blue">IA</span> White Board Wheel of Fortune! 11:00 <span style="color:green">SW</span> Rosary 1:00 <span style="color:blue">IA</span> Music Appreciation 2:30 <span style="color:purple">PW</span> FUNCTIONal Fitness 3:00 <span style="color:blue">IA</span> Wordle/Word Within A Word! 3:30 <span style="color:orange">IA</span> Country Store 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>13</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:30 <span style="color:purple">PW</span> Cardio Drumming! 10:30 <span style="color:blue">IA</span> Great Courses: Lecture Series 1:15 <span style="color:blue">IA</span> Name That Tune Jeopardy! 1:45 <span style="color:blue">MN</span> Movie Matinee 2:00 <span style="color:blue">IA</span> Resident Led Coloring! 3:00 <span style="color:green">SW</span> DOLLAR BINGO 4:00 <span style="color:green">SW</span> Soda Saturday Social! 6:30 <span style="color:blue">MN</span> Movie Night!
<b>14</b> 9:15 <span style="color:green">SW</span> Transportation To Local Churches 10:00 <span style="color:green">SW</span> Televised Catholic Mass 10:30 <span style="color:green">SW</span> Second Cup Sunday! 11:00 <span style="color:blue">IA</span> Finish That Line or You Be the Judge! 1:00 <span style="color:blue">MN</span> Sunday at the Opera 1:15 <span style="color:blue">IA</span> Balloon Volleyball! 2:00 <span style="color:green">SW</span> Left Right Center! 2:45 <span style="color:blue">IA</span> UNO! 4:00 <span style="color:blue">IA</span> Res Led Rummikub, Cards, Games! 6:30 <span style="color:blue">MN</span> Movie Night!	<b>15</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:00 <span style="color:orange">IA</span> Shopping Out Trip to Eastbrook Mall Area 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:blue">IA</span> Armchair Travel 1:00 <span style="color:blue">MN</span> Matinee Showing of Musical Monday! 1:30 <span style="color:green">SW</span> Resident Council 2:30 <span style="color:purple">PW</span> Cardio Drumming! 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>16</b> 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:purple">PW</span> Yoga with Mike 1:00 <span style="color:blue">IA</span> Bridge 1:00 <span style="color:red">PW</span> Wii Bowling! 1:15 <span style="color:red">PW</span> Boot Camp! 2:00 <span style="color:blue">IA</span> Parkinson's Seminar with Enliven 3:00 <span style="color:blue">IA</span> Mexican Train 3:00 <span style="color:blue">IA</span> Storytime with Jacqueline 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 5:45 <span style="color:red">EW</span> Pet Therapy Training	<b>17</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:red">EW</span> Out Trip 10:30 <span style="color:blue">IA</span> UNO! 12:45 <span style="color:red">EW</span> Guided Meditation! 1:30 <span style="color:blue">IA</span> Colebrook Vivacious Voices 1:30 <span style="color:purple">PW</span> Seated Cardio with Music! 2:00 <span style="color:blue">IA</span> Creative Corner 2:30 <span style="color:red">EW</span> Scenic Drive 3:00 <span style="color:green">SW</span> Pick A Prize Bingo 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>18</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:00 <span style="color:purple">PW</span> Senior Stability Class! 11:00 <span style="color:green">SW</span> Catholic Mass with Fr Mike 1:00 <span style="color:blue">IA</span> Bird's Eye View! 1:30 <span style="color:red">EW</span> Jax, the Therapy Dog! 2:00 <span style="color:blue">IA</span> Bridge 2:15 <span style="color:purple">PW</span> Sit and Fit! 3:15 <span style="color:purple">PW</span> Balloon Volleyball 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>19</b> 9:30 <span style="color:green">SW</span> St. Peter's Online Service 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:orange">IA</span> Resident Shuttle to Ted's & CVS 10:30 <span style="color:blue">IA</span> White Board Wheel of Fortune! 11:00 <span style="color:green">SW</span> Rosary 1:00 <span style="color:blue">IA</span> Music Appreciation 2:30 <span style="color:purple">PW</span> FUNCTIONal Fitness 3:00 <span style="color:blue">IA</span> Wordle/Word Within A Word! 3:30 <span style="color:orange">IA</span> Country Store 5:00 <span style="color:blue">MN</span> Spring Fling!	<b>20</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:30 <span style="color:purple">PW</span> Cardio Drumming! 10:30 <span style="color:blue">IA</span> Great Courses: Lecture Series 1:15 <span style="color:blue">IA</span> Name That Tune Jeopardy! 1:45 <span style="color:blue">MN</span> Movie Matinee 2:00 <span style="color:blue">IA</span> Resident Led Coloring! 3:00 <span style="color:green">SW</span> DOLLAR BINGO 4:00 <span style="color:green">SW</span> Soda Saturday Social! 6:30 <span style="color:blue">MN</span> Movie Night!
<b>21</b> 9:15 <span style="color:green">SW</span> Transportation To Local Churches 10:00 <span style="color:green">SW</span> Televised Catholic Mass 10:30 <span style="color:green">SW</span> Second Cup Sunday! 11:00 <span style="color:blue">IA</span> Finish That Line or You Be the Judge! 1:00 <span style="color:blue">MN</span> Sunday at the Opera 1:15 <span style="color:blue">IA</span> Balloon Volleyball! 2:00 <span style="color:green">SW</span> Left Right Center! 2:45 <span style="color:blue">IA</span> UNO! 4:00 <span style="color:blue">IA</span> Res Led Rummikub, Cards, Games! 6:30 <span style="color:blue">MN</span> Movie Night!	<b>22</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:00 <span style="color:orange">IA</span> Shopping Out Trip to Ocean State Job Lot 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:blue">IA</span> Armchair Travel 1:00 <span style="color:blue">IA</span> Book Chat & Review! 1:00 <span style="color:blue">MN</span> Matinee Showing of Musical Monday! 2:00 <span style="color:blue">MN</span> Irish to the Last Drop Concert 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>23</b> 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:purple">PW</span> Yoga with Mike 1:00 <span style="color:blue">IA</span> Bridge 1:15 <span style="color:red">PW</span> Boot Camp! 2:00 <span style="color:red">PW</span> Wii Bowling! 3:00 <span style="color:purple">PW</span> Corn Hole! 3:00 <span style="color:blue">IA</span> Storytime with Jacqueline 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 5:45 <span style="color:red">EW</span> Pet Therapy Training 6:30 <span style="color:blue">MN</span> Movie Night!	<b>24</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:red">EW</span> Out Trip 10:30 <span style="color:blue">IA</span> UNO! 12:45 <span style="color:red">EW</span> Guided Meditation! 1:30 <span style="color:red">EW</span> Sing-A-Long 2:00 <span style="color:purple">PW</span> Seated Cardio with Music! 2:30 <span style="color:red">EW</span> Scenic Drive 3:00 <span style="color:green">SW</span> Pick A Prize Bingo 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>25</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:green">SW</span> Coffee, Tea and Chat! 11:00 <span style="color:green">SW</span> Service with Father Ron 1:00 <span style="color:blue">IA</span> Bird's Eye View! 1:30 <span style="color:red">EW</span> Jax, the Therapy Dog! 2:00 <span style="color:blue">IA</span> Bridge 2:15 <span style="color:purple">PW</span> Sit and Fit! 3:15 <span style="color:purple">PW</span> Balloon Volleyball! 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night	<b>26</b> 9:30 <span style="color:green">SW</span> St. Peter's Online Service 10:00 <span style="color:purple">PW</span> Balance Class 10:30 <span style="color:orange">IA</span> Resident Shuttle to Ted's & CVS 10:30 <span style="color:blue">IA</span> White Board Wheel of Fortune! 11:00 <span style="color:green">SW</span> Rosary 1:00 <span style="color:blue">IA</span> Music Appreciation 2:30 <span style="color:purple">PW</span> FUNCTIONal Fitness 3:00 <span style="color:blue">IA</span> Wordle/Word Within A Word! 3:30 <span style="color:orange">IA</span> Country Store 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>27</b> 9:30 <span style="color:blue">IA</span> Team Sudoku! 10:30 <span style="color:purple">PW</span> Cardio Drumming! 10:30 <span style="color:blue">IA</span> Great Courses: Lecture Series 1:15 <span style="color:blue">IA</span> Name That Tune Jeopardy! 1:45 <span style="color:blue">MN</span> Movie Matinee 2:00 <span style="color:blue">IA</span> Resident Led Coloring! 3:00 <span style="color:green">SW</span> DOLLAR BINGO 4:00 <span style="color:green">SW</span> Soda Saturday Social! 6:30 <span style="color:blue">MN</span> Movie Night!
<b>28</b> 9:15 <span style="color:green">SW</span> Transportation To Local Churches 10:00 <span style="color:green">SW</span> Televised Catholic Mass 10:30 <span style="color:green">SW</span> Second Cup Sunday! 11:00 <span style="color:blue">IA</span> Finish That Line or You Be the Judge! 1:00 <span style="color:blue">MN</span> Sunday at the Opera 1:15 <span style="color:blue">IA</span> Balloon Volleyball! 2:00 <span style="color:green">SW</span> Left Right Center! 2:45 <span style="color:blue">IA</span> UNO! 4:00 <span style="color:blue">IA</span> Res Led Rummikub, Cards, Games! 6:30 <span style="color:blue">MN</span> Movie Night!	<b>29</b> 10:00 <span style="color:purple">PW</span> Balance Class 10:00 <span style="color:orange">IA</span> Shopping Out Trip to Walmart/Aldi 10:30 <span style="color:red">EW</span> AHM Play Group Play Date! 11:00 <span style="color:blue">IA</span> Armchair Travel 1:00 <span style="color:blue">MN</span> Matinee Showing of Musical Monday! 2:30 <span style="color:purple">PW</span> Cardio Drumming! 3:00 <span style="color:green">SW</span> Off To The Races! 4:00 <span style="color:green">SW</span> Social Time 6:30 <span style="color:blue">MN</span> Movie Night!	<b>30</b> 10:00 <span style="color:purple">PW</span> Senior Stability Class! 10:30 <span style="color:orange">IA</span> Wordle! 11:00 <span style="color:purple">PW</span> Yoga with Mike 1:00 <span style="color:blue">IA</span> Bridge 1:15 <span style="color:red">PW</span> Boot Camp! 2:00 <span style="color:red">PW</span> Wii Bowling! 3:00 <span style="color:blue">IA</span> Mexican Train 3:00 <span style="color:blue">IA</span> Storytime with Jacqueline 3:15 <span style="color:blue">IA</span> Great Course Lecture Series 4:00 <span style="color:green">SW</span> Social Time 5:45 <span style="color:red">EW</span> Pet Therapy Training 6:30 <span style="color:blue">MN</span> Movie Night!	<b>Extra Day, Extra Fun! Sundaes and Bingo! Who Could Ask for More?</b> 	<b>Shady Glen to Olive Garden Instead!</b> 	<b>A Trip to See Spring Blooms and We Got to Meet Herman's Sister, Murie!</b> 	<b>March Decor ... Thank You Helpers!</b> 

# April 2024



Such a Wonderful Opportunity to host the First Maple by Moonlight Gala! We opened our Colebrook Home to our Hebron neighbors and helped The Town Center Project with their fundraising efforts! Such a wonderful night!

## “This Month In History”

### APRIL

**1860:** The first Pony Express rider leaves St. Joseph, Mo.

**1908:** Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

**1932:** Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient’s properties and benefits in medicine.

**1956:** Daytime soap opera “As the World Turns” premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

**1970:** Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, “Houston, we’ve had a problem.” Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

**1994:** South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country’s first Black president.

**2010:** Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

**2021:** A rare copy of “Action Comics #1,” featuring the debut of Superman, sells for a record-breaking \$3.25 million.