

February 2026

Cedarbrook Village Traditional

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> 10:00am Catholic Salvation (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am ☕️📰 Sunday Morning Coffee & News Social (LS) 1:00pm Giant Crossword (LS) 2:00pm Prize Bingo (P) 6:00pm Feel-Good Sunday Films: Adventures of the Wilderness Family (T) 	<ul style="list-style-type: none"> 1 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Baking Club: Mini Cheesecakes (LS) 1:00pm 🕒🐿️ It's Groundhog Day... Again! Movie Watch Party/ social (P) 2:00pm Quarter Bingo (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Musical Monday Films: Molly and Me (T) 	<ul style="list-style-type: none"> 2 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am ✨ Brain Time (LS) 1:00pm 📖 Reading & Reflection (LS) 2:00pm 🎨 Creative & Hands-On (LS) 3:00pm 🎲 Games & Social (P) 6:00pm 🎭 Mystery & Detective Films: The Speed Reporter 1936 Crime Drama Thriller 3:00pm Cedarbrook Hold'em (P) 6:00pm Musical Monday Films: Molly and Me (T) 	<ul style="list-style-type: none"> 3 9:00am Exercise w/Tara (LS) 10:00am What's in the Box (LS) 1:00pm Pamper & Relax: Hand Scrub Making (LS) 2:00pm Manicures w/ Steph (LS) 3:00pm Let's play 21! (LS) 6:00pm Classic Hollywood Films: (T) 	<ul style="list-style-type: none"> 4 9:00am Exercise w/Tara (LS) 10:00am Catholic Mass w/ FR. Petter (C) 10:00am Exercise w/Tara (LS) 10:30am Quarter Bingo (P) 1:00pm Discover something new every Thursday afternoon! (T) 1:00pm Resident Council Meeting (LS) 1:30pm 🎵 Musical Performance with Memory Lane (P) 3:00pm Happy Hour (P) 6:00pm 😂 Comedy Night: Fun In Acapulco (T) 	<ul style="list-style-type: none"> 5 9:00am Chair Cardio w/ Ball (LS) 10:00am Exercise w/Ron (LS) 10:30am Senior Winter Olympics: Week 1 Snowball Toss (LS) 1:00pm Daily Chronicles & Chat with Sylvia! ☕️📰 (LS) 2:00pm ✘⭕ You're Invited to Floor Tic-Tac-Toe! (LS) 3:00pm Room Visits 6:00pm ❤️ Romance & Friendship (T) 	<ul style="list-style-type: none"> 6 9:30am Morning Stretch w/ Joanne (LS) 10:00am Pitch Card Game (LS) 1:00pm Farkle (LS) 2:00pm Cornhole Fun & Games (LS) 3:00pm Chat & Memories with Joanne (LS) 6:00pm Resident Pick Movie (T)
<ul style="list-style-type: none"> All Day 🏈 Football Scavenger Hunt 10:00am Catholic Salvation (T) 10:30am ☕️📰 Sunday Morning Coffee & News Social (LS) 1:00pm Afternoon Stretch w/ Alicia & her little helper (LS) 1:00pm Giant Crossword (LS) 2:00pm Prize Bingo (P) 6:00pm Feel-Good Sunday Films: The Last Dance (T) 6:00pm Super Bowl Watch Party (P) 	<ul style="list-style-type: none"> 8 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Senior Winter Olympics: Week 2 🎲 Tabletop Curling (LS) 1:00pm 🌸 Valentine's Centerpiece Flower Arranging (LS) 2:00pm 🎯 Travel Video & Social Gathering (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Musical Monday Films: A Song is Born (T) 	<ul style="list-style-type: none"> 9 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Strawberry Hershey Cookies (LS) 1:00pm Armchair Travel Tuesday! 🎈 (T) 2:00pm Quarter Bingo (P) 6:00pm 🎭 Mystery & Detective Films: Mystery in St Tropez (T) 	<ul style="list-style-type: none"> 10 9:00am Exercise w/Tara (LS) 9:30am Activity w/ Pathfinder Students (LS) 1:00pm Knotty Knitters (LS) 1:00pm Manicures w/ Steph (LS) 2:00pm 🎭 Western Gold & Cowboy Theme Social Event (P) 6:00pm Classic Hollywood Films: Paradise, Hawaiian Style (T) 	<ul style="list-style-type: none"> 11 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am ❤️ Make Valentine's Day Cards & Goodie Bags (LS) 10:30am Blood Pressure Clinic (LS) 1:00pm Discover something new every Thursday afternoon! (T) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm 😂 Comedy Night: RV (T) 	<ul style="list-style-type: none"> 12 9:00am Standing Balance Exercise (LS) 10:00am Exercise w/Ron (LS) 10:30am Cupid's Arrow Toss Game (LS) 1:00pm ❤️ A Valentine Social for Residents & Families (P) 2:00pm 🎵 Musical Performance with Dave Colucci 3:00pm Room Visits 6:00pm ❤️ Romance & Friendship (T) 	<ul style="list-style-type: none"> 13 9:30am Morning Stretch w/ Joanne (LS) 10:00am Pitch Card Game (LS) 1:00pm 🎮 Off to the Races (LS) 2:00pm Valentine's Day Karaoke Party (P) 3:00pm Shut the Box Game (P) 6:00pm Resident Pick Movie (T)

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<ul style="list-style-type: none"> 10:00am Catholic Salvation (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am ☕️ Sunday Morning Coffee & News Social (LS) 1:00pm Giant Crossword (LS) 1:00pm Protestant Worship Service with Pastor Katie (C) 1:30pm Prize Bingo (P) 2:30pm 🏁 Daytona 500 Watch Party (P) 6:00pm Feel-Good Sunday Films: The Bear (T) 	15 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Senior Winter Olympics: Hockey (LS) 12:00pm 🍔 Men's Group: Pizza & Beer Lunch with Chris (P) 2:00pm 🎭 Mardi Gras Mask-Making Art Class (LS) 3:00pm Cedarbrook Hold'em (P) 6:00pm Musical Monday Films: Hair (T) 	16 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Blueberry Biscuits (LS) 1:00pm Armchair Travel Tuesday! 🚍 (T) 2:00pm Quarter Bingo (P) 3:00pm Mardi Gras Social - Let the Good Times Roll! 6:00pm 🕵️ Mystery & Detective Films: Invitation to a Murder (T) 	17 <ul style="list-style-type: none"> All Day Random Acts of Kindness Board (LS) 9:00am Exercise w/Tara (LS) 9:00am Foot Clinic (P) 10:00am Would you rather game: (LS) 1:00pm 🌸 Brain Boost Morning (LS) 2:00pm 🍇 Wine-Themed Flight Tasting (P) 3:00pm Manicures w/ Steph (LS) 6:00pm Classic Hollywood Films: (T) 	18 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 9:00am Foot Clinic (P) 10:30am Craft Corner: 🌸 Dried Flower & Resin Coasters (LS) 1:00pm Discover something new every Thursday afternoon! (T) 2:00pm Quarter Bingo 3:00pm Happy Hour (P) 6:00pm 😂 Comedy Night: No Pressure (T) 	19 <ul style="list-style-type: none"> 9:00am Chair Cardio (LS) 10:00am Exercise w/Ron (LS) 10:30am Senior Winter Olympics: Ring Toss (LS) 1:00pm Daily Chronicles & Chat with Sylvia! ☕️ (LS) 2:00pm Skee Ball (LS) 3:00pm Room Visits 6:00pm ❤️ Romance & Friendship (T) 	20 <ul style="list-style-type: none"> 9:30am Morning Stretch w/ Joanne (LS) 10:00am Pitch Card Game (LS) 1:00pm Inspiring stories from the book Chicken Soup for the Soul: Random Acts of Kindness. (LS) 2:00pm 🎤 Musical Performance Caden on the Piano (P) 3:00pm Scrabble (LS) 6:00pm Resident Pick Movie (T)
<ul style="list-style-type: none"> 10:00am Catholic Salvation (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am ☕️ Sunday Morning Coffee & News Social (LS) 1:00pm Giant Crossword (LS) 1:30pm Prize Bingo (LS) 2:00pm 🏁 Daytona 500 Watch Party (P) 6:00pm Feel-Good Sunday Films: The Kid From Brooklyn (T) 	22 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Art w/ Amy (P) 1:00pm Pressed Flower Art on Cardstock! 🌸 (LS) 2:30pm 🍀 Tootsie Roll Day - Social Event (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Musical Monday Films: Saturday Night Fever (T) 	23 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Heart Shaped Brownies w/ Raspberry Swirl (LS) 1:00pm Armchair Travel Tuesday! 🚍 (T) 2:00pm 🌸 Red Hat Women's Tea (P) 2:00pm Quarter Bingo (P) 3:00pm 🍊 Mocktail & Cocktail Social (National Bartender Day) (P) 6:00pm 🕵️ Mystery & Detective Films: My Cousin Vinny (T) 	24 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 10:00am Chef Demo (LS) 1:00pm Knotty Knitters (LS) 1:00pm Manicures w/ Steph (LS) 2:00pm 🌸 Red Hat Women's Tea (P) 4:00pm Parkinson's Disease Education & Resources (P) 6:00pm Classic Hollywood Films: (T) 	25 <ul style="list-style-type: none"> 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am The Price is Right (LS) 1:00pm Discover something new every Thursday afternoon! (T) 2:00pm 🎤 Musical Performance with Sean Fullerton (P) 3:00pm Happy Hour (P) 6:00pm 😂 Comedy Night: The Taming of the shrewd (T) 	26 <ul style="list-style-type: none"> 9:00am Standing Balance Exercises (LS) 10:00am Exercise w/Ron (LS) 10:30am Minute to Win it Games (LS) 1:00pm Daily Chronicles & Chat with Sylvia! ☕️ (LS) 2:00pm Quarter Bingo (P) 3:00pm Room Visits 6:00pm ❤️ Romance & Friendship (T) 	27 <ul style="list-style-type: none"> 9:30am Morning Stretch w/ Joanne (LS) 10:00am Pitch Card Game (LS) 1:00pm 🎲 You're Invited: Canasta Card Game! (LS) 2:00pm Laugh Out Loud Jokes w/ Joanne (LS) 3:00pm Axe Throwing (LS) 6:00pm Resident Pick Movie (T)

Kenneth "Ken" I. - 1st

Richard D. - 6th

Kathleen W. - 10th

Richard H. - 12th

Janice O. - 15th

Peter L. - 18th

Marilyn U. - 20th

Willam M. - 26th

Location Key

LS = Lucy Stone Activity Room

P = Pub

T = Theater

C = Chapel

L = Library

CY = Courtyard

FC = Fitness Center

Activity Types

- Community Involvement
- Emotional
- Entertainment
- Intellectual
- Outing
- Physical
- Purposeful
- Social
- Spiritual