

February 2026

Cedarbrook Village Traditional

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00am Catholic Salvation (T)</p> <p>10:00am Morning Stretch w/ Alicia (LS)</p> <p>10:30am ☕📰 Sunday Morning Coffee & News Social (LS)</p> <p>1:00pm Giant Crossword (LS)</p> <p>2:00pm Prize Bingo (P)</p> <p>6:00pm Feel-Good Sunday Films: Adventures of the Wilderness Family (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>9:00am Shopping Trip</p> <p>10:00am Baking Club: Mini Cheesecakes (LS)</p> <p>1:00pm ⌚🐻 It's Groundhog Day... Again! Movie Watch Party/ social (P)</p> <p>2:00pm Quarter Bingo (P)</p> <p>3:00pm Cedarbrook Hold'em (P)</p> <p>6:00pm Musical Monday Films: Molly and Me (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>10:00am Exercise w/Tara (LS)</p> <p>10:30am 🧠 Brain Time (LS)</p> <p>1:00pm 📖 Reading & Reflection (LS)</p> <p>2:00pm 🎨 Creative & Hands-On (LS)</p> <p>3:00pm 🎲 Games & Social (P)</p> <p>6:00pm 🕵️ Mystery & Detective Films: The Speed Reporter 1936 Crime Drama Thriller Film Noir Classic Mystery (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>10:00am What's in the Box (LS)</p> <p>1:00pm Pamper & Relax: Hand Scrub Making (LS)</p> <p>2:00pm Manicures w/ Steph (LS)</p> <p>3:00pm Let's play 21! (LS)</p> <p>6:00pm Classic Hollywood Films: (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>10:00am Catholic Mass w/ FR. Petter (C)</p> <p>10:00am Exercise w/Tara (LS)</p> <p>10:30am Quarter Bingo (P)</p> <p>1:00pm Discover something new every Thursday afternoon! (T)</p> <p>1:00pm Resident Council Meeting (LS)</p> <p>1:30pm 🎵 Musical Performance with Memory Lane (P)</p> <p>3:00pm Happy Hour (P)</p> <p>6:00pm 😂 Comedy Night: Fun In Acapulco (T)</p>	<p>9:00am Chair Cardio w/ Ball (LS)</p> <p>10:00am Exercise w/Ron (LS)</p> <p>10:30am Senior Winter Olympics: Week 1 Snowball Toss (LS)</p> <p>1:00pm Daily Chronicles & Chat with Sylvia! ☕📰 (LS)</p> <p>2:00pm ❌🔴 You're Invited to Floor Tic-Tac-Toe! (LS)</p> <p>3:00pm Room Visits</p> <p>6:00pm ❤️ Romance & Friendship (T)</p>	<p>9:30am Morning Stretch w/ Joanne (LS)</p> <p>10:00am Pitch Card Game (LS)</p> <p>1:00pm Farkle (LS)</p> <p>2:00pm Cornhole Fun & Games (LS)</p> <p>3:00pm Chat & Memories with Joanne (LS)</p> <p>6:00pm Resident Pick Movie (T)</p>
<p>8 All Day 🏈 Football Scavenger Hunt</p> <p>10:00am Catholic Salvation (T)</p> <p>10:30am ☕📰 Sunday Morning Coffee & News Social (LS)</p> <p>1:00pm Afternoon Stretch w/ Alicia & her little helper (LS)</p> <p>1:00pm Giant Crossword (LS)</p> <p>2:00pm Prize Bingo (P)</p> <p>6:00pm Feel-Good Sunday Films: The Last Dance (T)</p> <p>6:00pm Super Bowl Watch Party (P)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>9:00am Shopping Trip</p> <p>10:00am Senior Winter Olympics: Week 2 🏒 Tabletop Curling (LS)</p> <p>1:00pm 🌹 Valentine's Centerpiece Flower Arranging (LS)</p> <p>2:00pm ✈️ Travel Video & Social Gathering ❄️🍷 (P)</p> <p>3:00pm Cedarbrook Hold'em (P)</p> <p>6:00pm Musical Monday Films: A Song is Born (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>10:00am Exercise w/Tara (LS)</p> <p>10:30am Baking Club: Strawberry Hershey Cookies (LS)</p> <p>1:00pm Armchair Travel Tuesday! 🗺️✈️ (T)</p> <p>2:00pm Quarter Bingo (P)</p> <p>6:00pm 🕵️ Mystery & Detective Films: Mystery in St Tropez (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>9:30am Activity w/ Pathfinder Students (LS)</p> <p>1:00pm Knotty Knitters (LS)</p> <p>1:00pm Manicures w/ Steph (LS)</p> <p>2:00pm 🤠 Western Gold & Cowboy Theme Social Event (P)</p> <p>6:00pm Classic Hollywood Films: Paradise, Hawaiian Style (T)</p>	<p>9:00am Exercise w/Tara (LS)</p> <p>10:00am Exercise w/Tara (LS)</p> <p>10:30am ❤️ Make Valentine's Day Cards & Goodie Bags (LS)</p> <p>10:30am Blood Pressure Clinic (LS)</p> <p>1:00pm Discover something new every Thursday afternoon! (T)</p> <p>2:00pm Quarter Bingo (P)</p> <p>3:00pm Happy Hour (P)</p> <p>6:00pm 😂 Comedy Night: RV (T)</p>	<p>9:00am Standing Balance Exercise (LS)</p> <p>10:00am Exercise w/Ron (LS)</p> <p>10:30am Cupid's Arrow Toss Game (LS)</p> <p>1:00pm ❤️ A Valentine Social for Residents & Families (P)</p> <p>2:00pm 🎵 Musical Performance with Dave Colucci</p> <p>3:00pm Room Visits</p> <p>6:00pm ❤️ Romance & Friendship (T)</p>	<p>9:30am Morning Stretch w/ Joanne (LS)</p> <p>10:00am Pitch Card Game (LS)</p> <p>1:00pm 🏇 Off to the Races (LS)</p> <p>2:00pm Valentine's Day Karaoke Party ❤️🎤 (P)</p> <p>3:00pm Shut the Box Game (P)</p> <p>6:00pm Resident Pick Movie (T)</p>

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<div><div><div>● 10:00am Catholic Salvation (T)</div><div>● 10:00am Morning Stretch w/ Alicia (LS)</div><div>● 10:30am ☕📰 Sunday Morning Coffee & News Social (LS)</div><div>● 1:00pm Giant Crossword (LS)</div><div>● 1:00pm Protestant Worship Service with Pastor Katie (C)</div><div>● 1:30pm Prize Bingo (P)</div><div>● 2:30pm 🏎️ Daytona 500 Watch Party (P)</div><div>● 6:00pm Feel-Good Sunday Films: The Bear (T)</div></div><div>15</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 9:00am Shopping Trip</div><div>● 10:00am Senior Winter Olympics: Hockey (LS)</div><div>● 12:00pm 🍕 Men's Group: Pizza & Beer Lunch with Chris (P)</div><div>● 2:00pm 🎭 Mardi Gras Mask-Making Art Class (LS)</div><div>● 3:00pm Cedarbrook Hold'em (P)</div><div>● 6:00pm Musical Monday Films: Hair (T)</div></div><div>16</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 10:00am Exercise w/Tara (LS)</div><div>● 10:30am Baking Club: Blueberry Biscuits (LS)</div><div>● 1:00pm Armchair Travel Tuesday! 🏠✈️ (T)</div><div>● 2:00pm Quarter Bingo (P)</div><div>● 3:00pm Mardi Gras Social – Let the Good Times Roll!</div><div>● 6:00pm 🕵️ Mystery & Detective Films: Invitation to a Murder (T)</div></div><div>17</div></div>	<div><div><div>● All Day Random Acts of Kindness Board (LS)</div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 9:00am Foot Clinic (P)</div><div>● 10:00am Would you rather game: (LS)</div><div>● 1:00pm 🧠 Brain Boost Morning (LS)</div><div>● 2:00pm 🍷 Wine-Themed Flight Tasting (P)</div><div>● 3:00pm Manicures w/ Steph (LS)</div><div>● 6:00pm Classic Hollywood Films: (T)</div></div><div>18</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 9:00am Foot Clinic (P)</div><div>● 10:00am Exercise w/Tara (LS)</div><div>● 10:30am Craft Corner: 🌸 Dried Flower & Resin Coasters (LS)</div><div>● 1:00pm Discover something new every Thursday afternoon! (T)</div><div>● 2:00pm Quarter Bingo (P)</div><div>● 3:00pm Happy Hour (P)</div><div>● 6:00pm 😂 Comedy Night: No Pressure (T)</div></div><div>19</div></div>	<div><div><div>● 9:00am Chair Cardio (LS)</div><div>● 10:00am Exercise w/Ron (LS)</div><div>● 10:30am Senior Winter Olympics: Ring Toss (LS)</div><div>● 1:00pm Daily Chronicles & Chat with Sylvia! ☕📰 (LS)</div><div>● 2:00pm Skee Ball (LS)</div><div>● 3:00pm Room Visits</div><div>● 6:00pm ❤️ Romance & Friendship (T)</div></div><div>20</div></div>	<div><div><div>● 9:30am Morning Stretch w/ Joanne (LS)</div><div>● 10:00am Pitch Card Game (LS)</div><div>● 1:00pm Inspiring stories from the book Chicken Soup for the Soul: Random Acts of Kindness. (LS)</div><div>● 2:00pm 🎵 Musical Performance Caden on the Piano (P)</div><div>● 3:00pm Scrabble (LS)</div><div>● 6:00pm Resident Pick Movie (T)</div></div><div>21</div></div>
<div><div><div>● 10:00am Catholic Salvation (T)</div><div>● 10:00am Morning Stretch w/ Alicia (LS)</div><div>● 10:30am ☕📰 Sunday Morning Coffee & News Social (LS)</div><div>● 1:00pm Giant Crossword (LS)</div><div>● 2:00pm Prize Bingo (LS)</div><div>● 6:00pm Feel-Good Sunday Films: The Kid From Brooklyn (T)</div></div><div>22</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 9:00am Shopping Trip</div><div>● 10:00am Art w/ Amy (P)</div><div>● 1:00pm Pressed Flower Art on Cardstock! 🌸 (LS)</div><div>● 2:30pm 🍭 Tootsie Roll Day – Social Event (P)</div><div>● 3:00pm Cedarbrook Hold'em (P)</div><div>● 6:00pm Musical Monday Films: Saturday Night Fever (T)</div></div><div>23</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 10:00am Exercise w/Tara (LS)</div><div>● 10:30am Baking Club: Heart Shaped Brownies w/ Raspberry Swirl (LS)</div><div>● 1:00pm Armchair Travel Tuesday! 🏠✈️ (T)</div><div>● 2:00pm Quarter Bingo (P)</div><div>● 3:00pm 🍹 Mocktail & Cocktail Social (National Bartender Day) (P)</div><div>● 6:00pm 🕵️ Mystery & Detective Films: My Cousin Vinny (T)</div></div><div>24</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 10:00am Chef Demo (LS)</div><div>● 1:00pm Knotty Knitters (LS)</div><div>● 1:00pm Manicures w/ Steph (LS)</div><div>● 2:00pm 🎀 Red Hat Women's Tea (P)</div><div>● 4:00pm Parkinson's Disease Education & Resources (P)</div><div>● 6:00pm Classic Hollywood Films: (T)</div></div><div>25</div></div>	<div><div><div>● 9:00am Exercise w/Tara (LS)</div><div>● 10:00am Exercise w/Tara (LS)</div><div>● 10:30am The Price is Right (LS)</div><div>● 1:00pm Discover something new every Thursday afternoon! (T)</div><div>● 2:00pm 🎵 Musical Performance with Sean Fullerton (P)</div><div>● 3:00pm Happy Hour (P)</div><div>● 6:00pm 😂 Comedy Night: The Taming of the shrewd (T)</div></div><div>26</div></div>	<div><div><div>● 9:00am Standing Balance Exercises (LS)</div><div>● 10:00am Exercise w/Ron (LS)</div><div>● 10:30am Minute to Win it Games (LS)</div><div>● 1:00pm Daily Chronicles & Chat with Sylvia! ☕📰 (LS)</div><div>● 2:00pm Quarter Bingo (P)</div><div>● 3:00pm Room Visits</div><div>● 6:00pm ❤️ Romance & Friendship (T)</div></div><div>27</div></div>	<div><div><div>● 9:30am Morning Stretch w/ Joanne (LS)</div><div>● 10:00am Pitch Card Game (LS)</div><div>● 1:00pm 🎲 You're Invited: Canasta Card Game! (LS)</div><div>● 2:00pm Laugh Out Loud Jokes w/ Joanne (LS)</div><div>● 3:00pm Axe Throwing (LS)</div><div>● 6:00pm Resident Pick Movie (T)</div></div><div>28</div></div>

Happy Birthday!

Kenneth "Ken" I. - 1st
Richard D. - 6th
Kathleen W. - 10th
Richard H. - 12th
Janice O. - 15th
Peter L. - 18th
Marilyn U. - 20th
Willam M. - 26th

Location Key

LS = Lucy Stone Activity Room
P = Pub
T = Theater
C = Chapel
L = Library
CY = Courtyard
FC = Fitness Center

Activity Types

- Community Involvement
- Emotional
- Entertainment
- Intellectual
- Outing
- Physical
- Purposeful
- Social
- Spiritual