

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
November 2025 Cedarbrook Village Traditional												1 10:00am Exercise w/ Missy (LS) 11:00am Catholic Prayer Group w/ Maureen of Divine Mercy Ministry (C) Afternoon 🌿 Saturday Independent Activities: Puzzle & Game Station (LS) Afternoon DIY Art Cart or Craft Box (LS) Afternoon Self-Serve Board Games (LS) 1:00pm 🏈 Saturday College Football! (P) 6:00pm Resident Pick Movie (TH)	
2 9:30am Morning Stretch w/ Alicia (LS) 10:00am Catholic Mass on TV (T) 10:30am Coffee Hour Social (LS) 1:00pm Patriots vs. Falcons Game (P) 2:00pm Prize Bingo (P) 3:00pm Giant Crossword (LS) 6:00pm 📺 Sunday Night at the Lounge: Cheers! (T)		3 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 9:30am HIIT Class w/Tara (FC) 10:00am Granny Pants A Game So Fun It'll Knock Your Socks Off (but hopefully not your pants!) (LS) 1:30pm Crafty Corner: Paper Quilling (Fall themed) 3:00pm Cedarbrook Hold'em (P) 6:00pm Enchanted Movies: Journey 2 (T)		4 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Millionaire Shortbread Bars (LS) 1:00pm Present Laughter (T) 2:00pm Quarter Bingo (P) 3:00pm 🐐🐐 Baby Goats Social! (LS) 6:00pm Movie Night: Anything Goes (T)		5 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 10:00am Yankee Candle Village Outing 1:00pm Knotty Knitters (LS) 2:00pm Discovery: America the story of us (T) 3:00pm Chicken Soup for the Soul: Short Stories (LS) 6:00pm Wednesday Matinee & Popcorn : Courageous (T)		6 9:00am Exercise w/Tara (LS) 10:00am Catholic Mass w/ FR. Petter (C) 10:00am Exercise w/Tara (LS) 10:30am Family Feud (LS) 1:00pm Resident Council Meeting (LS) 1:30pm Chair Dancing w/ Rondae (P) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Thanksgiving Comedy Movie Night: NovemberRule (T)		7 9:00am Coffee & Chronicles w/ Sabrina (LS) 10:00am Exercise w/Ron (LS) 10:30am Shooting Turkeys (LS) 1:00pm Water Pong (LS) 2:00pm Room Visits 3:30pm National Merlot Day Social (P) 6:00pm 📺 Friday Cozy Movie Night: The Thursday Murder Club (T)		8 10:00am Exercise w/ Missy (LS) Afternoon 🌿 Saturday Independent Activities: Puzzle & Game Station (LS) Afternoon DIY Art Cart or Craft Box (LS) Afternoon Self-Serve Board Games (LS) 1:00pm 🏈 Saturday College Football! (P) 6:00pm Resident Pick Movie (TH)	
9 9:30am Morning Stretch w/ Alicia (LS) 10:00am Catholic Mass on TV (T) 10:30am SUNDAY MORNING SOCIAL ☕ Coffee & Coloring (LS) 1:00pm Patriots vs. Buccaneers (P) 2:00pm Prize Bingo (P) 3:00pm Giant Crossword (LS) 6:00pm 📺 Sunday Night at the Lounge: Cheers! (T)		10 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 9:30am HIIT Class w/Tara (FC) 10:00am Turkey Ring Toss (Special Edition) (LS) 1:00pm Crafty Corner: Air Dry Christmas Ornament's (LS) 2:00pm Rosary w/ Lynda (C) 2:30pm Caramel Popcorn Bar Social (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Enchanted Movies: Chicken Run (T)		11 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am 🇺🇸 Veterans Recognition Ceremony (P) 1:00pm Great Courses: The History of the United States Navy (T) 2:00pm Quarter Bingo (P) 3:30pm 💙 Toast to Our Heroes (P) 6:00pm Movie Night: Taking Chance (T)		12 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 10:00am The Pilgrim : 1923 silent comedy film starring Charlie Chaplin (T) 11:00am Tokyo Asian Fusion 1:00pm Blood Pressure Clinic 2:00pm Manicures w/ Steph (LS) 3:00pm Chicken Soup for the Soul: Short Stories (LS) 6:00pm Wednesday Matinee & Popcorn: Life of the Party (T)		13 9:00am Exercise w/Alicia (LS) 10:00am Exercise w/Alicia (LS) 10:30am Rubber Chicken Launch (LS) 1:00pm Part 2: Clay Christmas Ordaments (LS) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour with Live Entertainment Featuring Cedarbrook's Own Richard Pluta (P) 6:00pm Thanksgiving Comedy Movie Night: Planes, Trains and Automobiles (T)		14 9:00am Coffee & Chronicles w/ Sabrina (LS) 10:00am Exercise w/Ron (LS) 10:30am Harvest Basket Game (LS) 1:00pm Poker Darts Game (LS) 2:00pm Board Game w/ Sabrina 3:00pm Room Visits 6:00pm 📺 Friday Cozy Movie Night: Falling Inn Love (T)		15 10:00am Exercise w/ Missy (LS) 11:00am Catholic Prayer Group w/ Maureen of Divine Mercy Ministry (C) Afternoon 🌿 Saturday Independent Activities: Puzzle & Game Station (LS) Afternoon DIY Art Cart or Craft Box (LS) Afternoon Self-Serve Board Games (LS) 1:00pm 🏈 Saturday College Football! (P) 2:00pm Caden on the Piano (P) 6:00pm Resident Pick Movie (TH)	
Location Key LS = Lucy Stone Activity Room P = Pub T = Theater C = Chapel L = Library CY = Courtyard FC = Fitness Center				Happy Birthday! Denis M. - 1st Sandra W. - 1st Dolores R. - 2nd Agnes D. - 4th Dianne T. - 12th Romana "Manie" S. - 20th				Activity Types Community Involvement Emotional Entertainment Intellectual Outing Physical Purposeful Social Spiritual					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
● 9:30am Morning Stretch w/ Alicia (LS) ● 10:00am Catholic Mass on TV (T) ● 10:30am Coffee Hour Social (LS) ● 1:00pm Protestant Worship Service with Pastor Katie (C) ● 2:00pm Prize Bingo (P) ● 3:00pm Giant Crossword (LS) ● 6:00pm 📺 Sunday Night at the Lounge: Cheers! (T) 16	● 9:00am Exercise w/Tara (LS) ● 9:00am Shopping Trip ● 9:30am HIIT Class w/Tara (FC) ● 10:00am Thanksgiving Trivia (LS) ● 1:00pm 🧩 Community Fabric Quilt Project (LS) ● 2:00pm Pumpkin Pie & Pals Social (P) ● 3:00pm Cedarbrook Hold'em (P) ● 6:00pm Enchanted Movies: The Princess Switch (T) 17	● 9:00am Exercise w/Alicia (LS) ● 10:00am Exercise w/Alicia (LS) ● 10:30am Baking Club: Cozy Maple Cookies (LS) ● 1:00pm Great Courses: The Native South and Southwest in the 1600s (T) ● 2:00pm Quarter Bingo (P) ● 3:00pm National Princess Day Social : 👑 (P) ● 6:00pm Movie of the Night: Hating Games (T) 18	● 9:00am Barnes & Noble Outing ● 9:00am Exercise w/Tara (LS) ● 9:30am HIIT Class w/Tara (FC) ● 10:30am Chef Demo (LS) ● 1:00pm Knotty Knitters (LS) ● 2:00pm Play Monopoly Day (LS) ● 3:00pm Chicken Soup for the Soul: Short Stories (LS) ● 3:00pm Manicures w/ Steph (LS) ● 6:00pm Wednesday Matinee & Popcorn : Game Night (T) 19	● 9:00am Exercise w/Tara (LS) ● 10:00am Exercise w/Tara (LS) ● 10:30am Quarter Bingo (P) ● 12:00pm Friendsgiving Potluck Celebration ● 2:00pm Stephan George (P) ● 3:00pm 🎂 Happy Birthday Social & Happy Hour! 🍹 (P) ● 6:00pm Thanksgiving Comedy Movie Night: Home for the Holidays (T) 20	● 9:00am Coffee & Chronicles w/ Sabrina (LS) ● 10:00am Exercise w/Ron (LS) ● 10:30am Stick-Turkey Word Game (LS) ● 1:00pm Nutritious Nibbles (LS) ● 2:00pm Turkey Feather Toss 🦃 (LS) ● 3:00pm Room Visits ● 6:00pm 📺 Friday Cozy Movie Night: A California Christmas: City Lights (T) 21	● 10:00am Exercise w/ Missy (LS) ● Afternoon 🌿 Saturday Independent Activities: Puzzle & Game Station (LS) ● Afternoon DIY Art Cart or Craft Box (LS) ● Afternoon Self-Serve Board Games (LS) ● 1:00pm 🏈 Saturday College Football! (P) ● 6:00pm Resident Pick Movie (TH) 22
● 9:30am Morning Stretch w/ Alicia (LS) ● 10:00am Catholic Mass on TV (T) ● 10:30am SUNDAY MORNING SOCIAL ☕ Coffee & Coloring (LS) ● 1:00pm Patriots vs. Bengals (P) ● 2:00pm Prize Bingo (P) ● 3:00pm Giant Crossword (LS) ● 6:00pm 📺 Sunday Night at the Lounge: Cheers! (T) 23	● 9:00am Exercise w/Tara (LS) ● 9:00am Shopping Trip ● 9:30am HIIT Class w/Tara (FC) ● 10:00am Art w/ Amy (P) ● 1:30pm Pamper & Self-Care Event (LS) ● 3:00pm Cedarbrook Hold'em (P) ● 6:00pm Enchanted Movies: Family Pack (T) 24	● 9:00am Exercise w/Tara (LS) ● 10:00am Exercise w/Tara (LS) ● 10:30am Baking Club: Homemade Fresh Pumpkin Pie (LS) ● 1:00pm Great Courses: Native America: A Story of Survival (T) ● 2:00pm Quarter Bingo (P) ● 6:00pm Movie of the Night: What Happens Later (T) 25	● 9:00am Exercise w/Tara (LS) ● 9:30am HIIT Class w/Tara (FC) ● 10:00am Manicures w/ Steph ● 2:00pm Michael Ouellette (P) ● 3:00pm Chicken Soup for the Soul: Short Stories (LS) ● 6:00pm Thanksgiving Movie & Mocktail Night (T) 26	● 9:00am Macy's Thanksgiving Day Parade (T) ● 11:00am Mocktails Social (P) ● 11:30am Thanksgiving Day Meal ● 12:00pm The Kennel Club: National Dog Show (P) ● 6:00pm Miracles on 24th Street (T) 27	● 9:00am Coffee & Chronicles w/ Sabrina (LS) ● 10:00am Exercise w/Ron (LS) ● 10:30am Pumpkin Putt Putt (LS) ● 1:00pm Card Games w/ Sabrina (LS) ● 2:00pm Quarter Bingo (P) ● 3:00pm Room Visits ● 6:00pm 📺 Friday Cozy Movie Night: Hot Frosty (T) 28	● 10:00am Exercise w/ Missy (LS) ● Afternoon 🌿 Saturday Independent Activities: Puzzle & Game Station (LS) ● Afternoon DIY Art Cart or Craft Box (LS) ● Afternoon Self-Serve Board Games (LS) ● 1:00pm 🏈 Saturday College Football! (P) ● 6:00pm Resident Pick Movie (TH) 29
● 9:30am Morning Stretch w/ Alicia (LS) ● 10:00am Catholic Mass on TV (T) ● 10:30am Coffee Hour Social (LS) ● 2:00pm Prize Bingo (P) ● 3:00pm Giant Crossword (LS) ● 6:00pm 📺 Sunday Night at the Lounge: Cheers! (T) 30	Outings 10/5 Yankee Candle Village 10/12 Tokyo Asian Fusion 10/19 Coffee, Donuts at Barnes & Noble Friendsgiving Potluck : Please sign up w/ Alicia if you would like to bring a dish					