November 2026

Cedarbrook Village Traditional

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Morning Stretch (LS) 10:00am Catholic Salvation (T) 10:30am "Fall Back" Coffee Social; (LS) 10:30am Game of Rummy (LS) 2:00pm Prize Bingo (P) 3:00pm Tabletop Game of Your Choice (LS) 6:00pm Coloring & music listening (LS) 6:00pm Cozy Sunday Movie: 9-5 (1980) (T)	**2** 9:00am Group Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am White Board; November Word Scrambles (LS) 1:30pm Thankful Tree Craft Starter (LS) 3:00pm Cedarbrook Hold'em (P) 6:00pm Enchanted Movies: Journey 2 (T) 6:00pm Musical Mondays:	**3** 9:00am Group Exercise w/Tara (LS) 10:00am Group Exercise w/Tara (LS) 10:30am Baking Club: (LS) 1:00pm Fall Word Search Cafe (LS) 2:00pm Quarter Bingo (P) 3:00pm Tabletop Games; Scrabble, Checkers, card games etc. (LS) 6:00pm Movie Night: Anything Goes (T)	**4** All Day Independent Puzzle & Word Sheets 9:00am Group Exercise w/Tara (LS) 9:30am Blood Pressure Clinic: Appointment Required (LS) 10:00am Yankee Candle Village Outing 1:00pm Game of Rummy (LS) 1:00pm Knotty Knitters (LS) 2:00pm Discovery: Ameria the story of us (T) 3:00pm Wheel of Questions; Favorite Holiday Memory, Comfort Food, or Family Tradition (LS) 6:00pm Wednesday Matinee & Popcorn: Courageous (T)	**5** 9:00am Group Exercise w/Tara (LS) 10:00am Catholic Mass w/ FR. Peter (C) 10:00am Group Exercise w/Tara (LS) 10:30am Quarter Bingo (P) 1:00pm Resident Council Meeting (LS) 2:00pm Kindness Cards for Staff (LS) 3:00pm Musical Performance: Sandy (P) 3:00pm Happy Hour (P) 6:00pm Thanksgiving Comedy Movie Night: NovemberRule	**6** All Day Independent Puzzle & Word Sheets 10:00am Exercise w/Ron (LS) 10:00am Paint w/Amy (P) 1:00pm Musical Chairs (LS) 2:00pm Water Pong (LS) 3:00pm Room Visits 6:00pm Resident Pick Movie (T)	**7** All Day Independent Puzzle & Word Sheets 9:30am Morning Exercise w/ Joanne (LS) 10:00am Pitch Card Game (P) 1:00pm Cedarbrook Hold'em (P) 1:30pm Cornhole (LS) 2:30pm Self-Serve Board Games (LS) 6:00pm Resident Pick Movie! (T)
8 9:30am Morning Stretch (LS) 10:00am Catholic Salvation (T) 10:30am Game of Rummy (LS) 10:30am SUNDAY MORNING SOCIAL Coffee & Coloring (LS) 1:00pm Cedarbrook Hold'em (P) 1:00pm Sunday Footbal (T) 2:00pm Prize Bingo (P) 3:00pm Tabletop Game w/ MJ (LS) 6:00pm Sunday Night at the Lounge: Cheers! (T)	**9** 9:00am Group Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Crafty Corner: Air Dry Christmas Ornament's (LS) 1:30pm Giant Crossword (LS) 3:00pm Cedarbrook Hold'em (P) 6:00pm Enchanted Movies: Chicken Run (T) 6:00pm Musical Mondays:	**10** 9:00am Group Exercise w/Tara (LS) 10:00am Group Exercise w/Tara (LS) 10:30am Baking Club: Hot Cocoa Bar (LS) 1:00pm Halloween Would You Rather? Thanksgiving Edition (LS) 2:00pm Quarter Bingo (P) 3:00pm Harvest Music Hour (P) 6:00pm Musical Movie Night: The Music Man (T)	**11** All Day Independent Puzzle & Word Sheets 9:00am Group Exercise w/Tara (LS) 9:30am New England Air Museum 1:00pm Game of Rummy (LS) 1:00pm Great Courses: The History of the United States Navy (LS) 2:00pm Thank You Cards to Our Veterans (LS) 3:00pm Toast to Our Heroes 6:00pm Movie Night: Taking Chance (T)	**12** 9:00am Group Exercise w/Tara (LS) 10:00am Group Exercise w/Tara (LS) 10:30am Quarter Bingo (P) 1:00pm Billard's (P) 2:00pm Musical Performance: Steve & Tom (P) 3:00pm Happy Hour (P) 6:00pm Thanksgiving Comedy Movie Night: Planes, Trains and automobiles (T)	**13** All Day Independent Puzzle & Word Sheets 10:00am Exercise w/Ron (LS) 1:00pm Poker Darts Game (LS) 2:00pm World Kindness Day 3:00pm Room Visits 3:00pm Self-Serve Board Games/Card Games 6:00pm Friday Cozy Movie Night: Falling In Love (T)	**14** All Day Independent Puzzle & Word Sheets 9:30am Morning Exercise w/ Joanne (LS) 10:00am Pitch Card Game (P) Afternoon Self-Serve Board Games 1:00pm Saturday College Football! (T) 1:00pm Cedarbrook Hold'em (P) 6:00pm Resident Pick Movie!
15 9:30am Morning Stretch (LS) 10:00am Catholic Salvation (T) 10:30am Game of Rummy (LS) 10:30am Morning Coffee & Good Company Social (LS) 1:00pm Cozy Sunday Football (T) 1:00pm Protestant Worship Service with Pastor Katie (C) 2:00pm Prize Bingo (P) 3:00pm Tabletop Game w/ MJ (LS) 6:00pm Sunday Night at the Lounge: (T)	**16** 9:00am Group Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Thanksgiving Trivia (LS) 1:00pm Thankful Paper Leaves (LS) 2:00pm Pumpkin Pie & Pals Social (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Enchanted Movies: The Princess Switch (T)	**17** 9:00am Group Exercise w/Tara (LS) 10:00am Group Exercise w/Tara (LS) 10:30am Baking Club: (LS) 1:00pm Great Courses: The Native South and Southwest in the 1600s 2:00pm Quarter Bingo (P) 3:00pm Popcorn & Fall Favorites Social (P) 6:00pm Movie of the Night: Hating Games	**18** All Day Independent Puzzle & Word Sheets 8:00am Foot Clinic (P) 9:00am Group Exercise w/Tara (LS) 9:30am Barnes & Noble Outing 1:00pm Game of Rummy (LS) 1:00pm Knotty Knitters (LS) 2:00pm Manicures & Hand Massages 6:00pm Wednesday Matinee & Popcorn : Game Night (T)	**19** 8:00am Foot Clinic (P) 9:00am Group Exercise w/Tara (LS) 10:00am Group Exercise w/Tara (LS) 10:30am Quarter Bingo (P) 11:30am Friendsgiving Potluck Celebration (P) 1:30pm Musical Performance: Memory Lane (P) 3:00pm Happy Hour (P) 6:00pm Thanksgiving Comedy Movie Night: Home for the Holidays (T)	**20** All Day Independent Puzzle & Word Sheets 10:00am Exercise w/Ron (LS) 10:30am Stick-Turkey Word Game (LS) 1:00pm November Trivia (LS) 2:00pm Finish The Phrase: Thanksgiving Edition (LS) 3:00pm Room Visits 6:00pm Friday Cozy Movie Night: A California Christmas: City Lights (T)	**21** All Day Independent Puzzle & Word Sheets 9:30am Morning Exercise w/ Joanne (LS) 10:00am Pitch Card Game (P) 1:00pm Cedarbrook Hold'em (P) 1:00pm Cornhole (LS) 1:00pm Cozy Sunday Football (T) 2:00pm Musical Performance Caden on the Piano (P) 6:00pm Resident Pick Movie (T)

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22 9:30am Morning Stretch (LS) 10:00am Catholic Salvation (T) 10:30am Game of Rummy (LS) 10:30am SUNDAY MORNING SOCIAL ☕ Coffee & Coloring (LS) 2:00pm Prize Bingo (P) 3:00pm Self-Serve Board Games (LS) 6:00pm 📺 Sunday Night at the Lounge: (T)	23 9:00am Group Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Thanksgiving Canvas Painting (LS) 1:00pm Memory Tray (LS) 2:00pm Scattergories: Fall Edition 3:00pm Cedarbrook Hold'em (P) 6:00pm Enchanted Movies: Family Pack 6:00pm Musical Mondays & Coloring (LS)	24 9:00am Group Exercise w/Tara (LS) 10:00am Group Exercise w/Tara (LS) 10:30am Quarter Bingo (P) 1:00pm Great Courses: Native America: A Story of Survival (T) 1:00pm Tabletop Game of Your Choice (LS) 1:30pm 🎶 Musical Performance: Elderly Brothers (P) 6:00pm Movie of the Night: What Happens Later (T)	25 All Day 🧩 Independent Puzzle & Word Sheets 9:00am Group Exercise w/Tara (LS) 10:00am Manicures & Hand Massages (LS) 11:30am Teresa's 1:00pm Game of Rummy (LS) 2:00pm Chef Demo (LS) 3:00pm Tabletop Game of Your Choice (LS) 6:00pm The Day Before Thanksgiving Movie Night: Miracle on 34th Street (1947) (T)	26 All Day 🧩 Independent Puzzle & Word Sheets All Day Self-Serve Board Games/ Card Games 10:00am Thanksgiving Parade (T) 11:30am Thanksgiving Day Meal 6:00pm Thanksgiving Movie & Popcorn (T)	27 All Day 🧩 Independent Puzzle & Word Sheets 10:00am Exercise w/Ron (LS) 10:30am Board Games with Cindy (LS) 1:00pm Card Games with Cindy 2:00pm Quarter Bingo (P) 3:00pm Room Visits 6:00pm 🎬 Friday Cozy Movie Night: Hot Frosty (T)	28 All Day 🧩 Independent Puzzle & Word Sheets 9:30am Morning Exercise w/ Joanne (LS) 10:00am Pitch Card Game (P) Afternoon Self-Serve Board Games (LS) 1:30pm Prize Pokeno (P) 6:00pm Resident Pick Movie (T)
29 10:00am Catholic Salvation (T) 10:30am Game of Rummy (LS) 10:30am Morning Coffee & Good Company Social (LS) 1:00pm 🧩 Independent Puzzle & Word Sheets 2:00pm Prize Bingo (P) 3:00pm Self-Serve Board Games / Card Games (LS) 6:00pm Cozy Movie Night: Miracle on 34th Street (1994) (T)	30 9:00am Group Exercise w/Tara (LS) 9:00am Shopping Trip 10:00am Fall Wreath Craft (LS) 1:00pm Tabletop Game of Your Choice (LS) 2:00pm Let's Scrabble (LS) 3:00pm Cedarbrook Hold'em (P) 6:00pm Monday Matinee: The Christmas Card (T) 6:00pm Musical Mondays & Calm Coloring (LS)					

Location Key

LS = Lucy Stone Activity Room
P = Pub
T = Theater
C = Chapel
L = Library
CY = Courtyard
FC = Fitness Center

Happy Birthday!

James "James" A. – 3rd
Frances B. – 7th
Paul J. – 10th
Raymond K. – 11th
Louise K. – 25th

Activity Types

- Community Involvement
- Emotional
- Entertainment
- Intellectual
- Outing
- Physical
- Purposeful
- Social
- Spiritual