Colebrook Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

March 2026

What an amazing community we live in! Do you feel the love??? We were visited by so many to just let us know they care about us and wanted to share their time and talents with us! Soak it in!
Thank you, RHAM, Windham Tech, AHM Pre K & SOAR!

The Super Bowl drew a big crowd this year! We came, we watched, we feasted, and, in the end, only five remained! Square game winners: Doug, Lindy, Nancy W and Judy D!

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March 2026

- SW Spiritual Wellness
- PW Physical Wellness
- IA Intellectual Wellness
- SW Social Wellness
- MN Entertainment or Movie
- EW Emotional Wellness
- IA Independent Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:10 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Corn Hole! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	2 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:00 PW Spring Training! 10:30 IA Wii Jeopardy 12:30 EW Nail Care! by Appt! 1:00 MN Matinee Showing of Musical Monday! 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 2:00 IA Mad Libs! 3:00 SW LRC (Left, Right, Center) 4:00 SW Social Time 6:30 MN Movie Night!	3 9:00 PW Blood Pressure Clinic! 10:00 PW Rhythm Drumming! 10:30 IA Purim Story & Hamantaschen 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 1:30 PW Parkinson's Exercise Group! 2:00 MN Concert with Kipp 3:00 PW Corn Hole 3:00 IA Great Course Lecture Series 4:00 SW Social Time 5:45 EW Pet Therapy Training	4 9:30 PW Yoga! 10:30 IA Out Trip 10:30 EW Parkinson's Group 10:30 IA UNO! 1:00 IA Creative Corner 1:30 PW Seated Cardio with Music! 2:00 IA You Be the Judge! 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	5 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:00 IA Rummikub! 2:15 PW Zumba 3:00 PW Balloon Volleyball 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	6 10:00 IA Resident Shuttle to Ted's & CVS 10:00 PW Spring Training! 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 1:30 EW Guided Meditation 2:00 PW Cardio Boxing! 2:30 PW Men's Power Half Hour! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within a Word! 3:30 IA Country Store	7 10:00 IA Saturday Scattergories! 10:30 IA Great Courses: Lecture Series 11:00 PW Noodle Ball 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
Daylight Saving, Spring Ahead! 8 9:10 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Corn Hole! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	9 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:00 PW Spring Training! 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of Musical Monday! 1:30 PW Cardio Drumming! 1:30 IA Eric the Plant Guy 2:00 SW Bible Study with Brien 3:00 IA Setback! 4:00 SW Social Time 6:30 MN Movie Night!	10 10:00 PW Rhythm Drumming! 10:30 IA Wordle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 1:30 PW Parkinson's Exercise Group! 2:00 IA Sleep with Kate from Enliven 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	11 8:30 IA Bingo & Breakfast at Marlborough Health! 9:30 PW Yoga! 10:30 PW Senior Stability Class! 10:30 IA UNO! 11:00 IA Cards with Gayle! 1:30 EW Seated Cardio with Music 2:00 EW Scenic Drive 2:00 IA You Be the Judge! 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	12 10:00 PW Rhythm Drumming! 11:00 SW Catholic Mass with Fr. Mike 1:00 IA Yahtzee! 2:15 PW Zumba 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	13 10:00 IA Resident Shuttle to Ted's & CVS 10:00 PW Spring Training! 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 1:30 EW Guided Meditation 2:00 PW Cardio Boxing! 2:30 PW Men's Power Half Hour! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within a Word! 3:30 IA Country Store	14 10:00 IA Saturday Scattergories! 10:30 IA Great Courses: Lecture Series 11:00 PW Noodle Ball 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
15 9:10 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 2:30 PW Corn Hole! 3:30 MN Irish Step Dancers! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	16 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:00 PW Spring Training! 10:30 IA Wii Jeopardy 12:30 EW Nail Care! by Appt! 1:00 MN Matinee Showing of Musical Monday! 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 2:00 IA Mad Libs! 3:00 SW LRC (Left, Right, Center) 4:00 SW Social Time 6:30 MN Movie Night!	Happy St. Patrick's Day! 17 9:30 IA Irish Soda Bread Baking! 10:00 PW Rhythm Drumming! 10:30 IA Wordle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 1:30 PW Parkinson's Exercise Group! 2:00 PW Corn Hole 2:00 IA Great Course Lecture Series 3:30 MN St. Patrick's Day Social with Susan Judge! 4:00 SW Social Time 5:45 EW Pet Therapy Training	18 9:30 PW Yoga! 10:30 IA Out Trip 10:30 PW Senior Stability Class! 10:30 IA UNO! 1:00 IA Creative Corner 1:30 PW Seated Cardio with Music! 2:00 IA You Be the Judge! 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	19 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:00 IA Rummikub! 2:15 PW Zumba 3:00 PW Balloon Volleyball 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	First Day of Spring! 20 10:00 IA Resident Shuttle to Ted's & CVS 10:00 PW Spring Training! 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 1:30 EW Guided Meditation 2:00 PW Cardio Boxing! 2:30 PW Men's Power Half Hour! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within a Word! 3:30 IA Country Store 6:30 SW Maple by Moonlight Gala!	21 10:00 IA Saturday Scattergories! 10:30 IA Great Courses: Lecture Series 11:00 PW Noodle Ball 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
22 9:10 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 MN Concert with Tony Rarus! 3:15 PW Corn Hole! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	23 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:00 PW Spring Training! 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of Musical Monday! 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 2:00 IA Finish That Line! 3:00 IA Setback! 4:00 SW Social Time 6:30 MN Movie Night!	24 10:00 PW Rhythm Drumming! 10:30 IA Wordle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 1:30 PW Parkinson's Exercise Group! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	25 9:30 PW Yoga! 10:30 IA Out Trip 10:30 PW Senior Stability Class! 10:30 IA UNO! 1:30 EW Seated Cardio with Music 2:00 IA You Be the Judge! 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 3:30 IA Financial Series Part 3-Do You Have an Extended Care Plan? 4:00 SW Social Time 6:30 MN Movie Night	26 10:00 PW Rhythm Drumming! 11:00 SW Service with Father Ron 1:00 IA Yahtzee! 2:15 PW Zumba 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	27 10:00 IA Resident Shuttle to Ted's & CVS 10:00 MN Rham Middle School Performance! 10:30 SW Rosary 10:30 IA White Board Wheel of Fortune! 11:00 IA Vivacious Voices! 1:30 EW Guided Meditation 2:00 PW Cardio Boxing! 2:30 PW Men's Power Half Hour! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within a Word! 3:30 IA Country Store	28 10:00 IA Saturday Scattergories! 10:30 IA Great Courses: Lecture Series 11:00 PW Noodle Ball 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
29 9:10 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 PW Balloon Volleyball! 2:00 IA UNO! 3:00 PW Corn Hole! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	30 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:00 PW Spring Training! 10:30 IA Wii Jeopardy 1:00 MN Matinee Showing of Musical Monday! 1:30 PW Cardio Drumming! 2:00 SW Bible Study with Brien 3:00 SW LRC (Left, Right, Center) 4:00 SW Social Time 6:30 MN Movie Night!	31 10:00 PW Rhythm Drumming! 10:30 IA Wordle! 11:00 IA Armchair Travel 11:00 IA Vivacious Voices! 1:00 PW Wii Bowling! 1:30 PW Parkinson's Exercise Group! 2:00 MN Concert with Rick Lovallo! 3:15 PW Corn Hole 3:15 IA Great Course Lecture Series 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	March Birthdays! • Jean 3/3 • Burdeen 3/4 • Kay 3/5 • Audrey 3/7 • Mel 3/11 • Nancy 3/12 • Janet 3/26 • Deborah 3/27 • Cynthia 3/31 • Kate 3/31 Happy Birthday to You All!	Souper Bowl a Success! Thank You! 	Floral Arranging With Bonnie! Wow! 	Ashly Cruz's Dolly Parton Cabaret Had Us All Entertained and on Our Feet by the End! Thanks, Ashly!

March 2026

Our Colebrook music group, THE VIVACIOUS VOICES, continues to grow and gets better and better! What began as a dream has grown from a small group of six to twenty-two, with always room for more. You don't have to have the best voice to be part of a group: you just have to have a love of music! The group practices on Tuesday and Friday mornings at 11am and performs several concerts throughout the year!
Thank You for a wonderful Valentine's Concert. A special thank you to Cupid: you stole our hearts & made us laugh!

We have had a cold and snowy winter...while it is beautiful to look at, we are ready for Spring! The vernal equinox, which marks the beginning of spring in the Northern Hemisphere, occurs on March 20. On this day, the sun is directly over the equator, so day and night are of equal length!

Illustratus
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