

# Colebrook ~ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114



The Price Is Right comes to Colebrook! You played the pricing games and earned your Plinko chips and the chance to win a prize! Come on \$10,000!



What a Gorgeous Day for our trip to Elizabeth Park. After our Pizza picnic, we took time to enjoy the beautiful roses! Such a Treasure!

HAPPY  
**Fourth of July**

July 2025



We had a wonderful turnout for the annual Tea Party! It is a big endeavor! We had such fantastic help in the kitchen to prepare all the goodies! Thanks to all who helped make it a success! Looking forward to next year!





Colebrook Village  
at Hebron

July 2025

- SW

Spiritual Wellness
- PW

Physical Wellness
- IA

Intellectual Wellness
- SW

Social Wellness
- MN



Entertainment or Movie

EW

Emotional Wellness

IA

Independent Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>July Birthdays!</div> <div><div>•</div><div>Barbara S.</div><div>7/10</div></div> <div><div>•</div><div>Sondra M.</div><div>7/13</div></div> <div><div>•</div><div>Beverly K.</div><div>7/15</div></div> <div><div>•</div><div>Judy H.</div><div>7/21</div></div> <div>Happy Birthday to You All!</div>	<div>Jan, Bev and Bonnie Taking Care of the Raised Beds!</div> 	<div>9:00 PW Blood Pressure Clinic!</div> <div>10:00 PW Pool Noodle Workout!</div> <div>10:30 IA Cards with Gayle!</div> <div>10:30 IA Wordle!</div> <div>1:00 PW Wii Bowling!</div> <div>1:15 PW Medi Ball Workout!</div> <div>2:00 IA Bridge</div> <div>3:00 PW Corn Hole!</div> <div>3:00 IA Great Course Lecture Series</div> <div>4:00 SW Social Time</div> <div>5:45 EW Pet Therapy Training</div> <div>6:30 MN Movie Night!</div>	<div>9:30 PW Yoga!</div> <div>10:00 IA Resident Shuttle to Ted's &amp; CVS</div> <div>10:30 IA Out Trip</div> <div>10:30 EW Parkinson's Group</div> <div>10:30 IA UNO!</div> <div>12:45 EW Guided Meditation!</div> <div>1:30 EW Seated Cardio with Music</div> <div>2:30 EW Scenic Drive</div> <div>3:00 SW Pick a Prize Bingo</div> <div>4:00 SW Social Time</div> <div>6:30 MN Movie Night</div>	<div>10:00 PW Pool Noodle Workout!</div> <div>10:30 SW Coffee, Tea and Chat!</div> <div>1:00 PW Zumba</div> <div>2:00 IA Bridge</div> <div>2:00 MN Patriotic Concert with John Banker</div> <div>3:00 PW Balloon Volleyball!</div> <div>3:00 IA Great Course Lecture Series</div> <div>3:00 EW Grief Support Group</div> <div>4:00 SW Social Time</div> <div>6:30 MN Movie Night</div>	<div>Independence Day</div> <div>9:30 SW St. Peter's Episcopal Pre-Recorded Service</div> <div>10:00 PW Pre Recorded Exercise Class</div> <div>10:30 IA White Board Wheel of Fortune!</div> <div>11:00 SW Rosary</div> <div>1:15 IA Music Appreciation</div> <div>2:00 SW Karaoke Friday!</div> <div>3:00 IA Word Within A Word!</div> <div>3:30 IA Country Store</div> <div>4:00 SW 4th of July Social Time!</div>	<div>9:30 IA Team Sudoku!</div> <div>10:30 IA Great Courses: Lecture Series</div> <div>11:00 PW Tai Chi!</div> <div>1:15 IA Name That Tune Jeopardy!</div> <div>1:45 MN Movie Matinee</div> <div>3:00 SW DOLLAR BINGO</div> <div>4:00 SW Soda Saturday Social!</div> <div>6:30 MN Movie Night!</div>
<div>8:50 SW Transportation to Local Churches</div> <div>10:00 SW Televised Catholic Mass</div> <div>10:30 SW Second Cup Sunday!</div> <div>11:00 IA Wii Bowling!</div> <div>1:00 MN Sunday at the Opera</div> <div>1:30 PW Cardio Drumming!</div> <div>2:15 IA Balloon Volleyball!</div> <div>3:00 IA UNO!</div> <div>4:00 IA Res-Led Rummikub, Cards, Games!</div> <div>6:30 MN Movie Night!</div>	<div>9:30 IA Team Sudoku!</div> <div>10:00 PW Senior Stability Class!</div> <div>10:00 IA Shopping Out Trip to Walmart/Aldi</div> <div>10:30 IA Wii Jeopardy</div> <div>11:00 IA Armchair Travel</div> <div>12:30 EW Nail Care! by Appt!</div> <div>1:00 MN Matinee Showing of Musical Monday!</div> <div>1:30 PW Cardio Drumming!</div> <div>2:00 SW Bible Study</div> <div>3:00 PW Bean Bag Bocci</div> <div>4:00 SW Social Time</div> <div>6:30 MN Movie Night!</div>	<div>10:00 PW Pool Noodle Workout!</div> <div>10:30 IA Wordle!</div> <div>1:00 PW Wii Bowling!</div> <div>1:15 PW Medi Ball Workout!</div> <div>2:00 IA Bridge</div> <div>2:00 IA Lady Slipper Project Presentation!</div> <div>3:00 IA Corn Hole</div> <div>3:00 IA Great Course Lecture Series</div> <div>4:00 SW Social Time</div> <div>5:45 EW Pet Therapy Training</div> <div>6:30 MN Movie Night!</div>	<div>9:30 PW Yoga!</div> <div>10:30 PW Senior Stability Class!</div> <div>10:30 IA Slip Away Riverboat Tour!</div> <div>11:00 IA UNO!</div> <div>12:45 EW Guided Meditation!</div> <div>1:30 PW Seated Cardio with Music!</div> <div>2:00 IA Creative Corner</div> <div>3:00 SW Pick a Prize Bingo</div> <div>3:00 EW Scenic Drive</div> <div>4:00 SW Social Time</div> <div>6:30 MN Movie Night</div>	<div>10:00 PW Pool Noodle Workout!</div> <div>10:30 SW Coffee, Tea and Chat!</div> <div>1:15 IA Netherlands Taste and Travel!</div> <div>2:00 IA Bridge</div> <div>2:15 PW Zumba</div> <div>3:00 PW Balloon Volleyball</div> <div>3:00 IA Great Course Lecture Series</div> <div>4:00 SW Social Time</div> <div>6:30 MN Movie Night</div>	<div>9:30 SW St. Peter's Episcopal Pre-Recorded Service</div> <div>10:00 PW Pre Recorded Exercise Class</div> <div>10:00 IA Resident Shuttle to Ted's &amp; CVS</div> <div>10:30 IA White Board Wheel of Fortune!</div> <div>11:00 SW Rosary</div> <div>1:15 IA Music Appreciation</div> <div>2:00 SW Karaoke Friday!</div> <div>2:00 IA Short Story Crew!</div> <div>3:00 IA Out Trip to Hebron Library!</div> <div>3:00 IA Word Within A Word!</div> <div>3:30 IA Country Store</div>	<div>9:30 IA Team Sudoku!</div> <div>10:30 IA Great Courses: Lecture Series</div> <div>11:00 PW Tai Chi!</div> <div>1:15 IA Name That Tune Jeopardy!</div> <div>1:45 MN Movie Matinee</div> <div>3:00 SW DOLLAR BINGO</div> <div>4:00 SW Soda Saturday Social!</div> <div>6:30 MN Movie Night!</div>
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# July 2025



A packed house to hear about Ryk and Cathy's big adventure to Kentucky! We got to learn a bit about the attractions in Kentucky and to listen to some of the music they enjoyed at the music festival they attended. From Churchill Downs to the Louisville Slugger factory, it looked like a great trip! We ended the program with a Bourbon tasting led by Ryk—something he learned all about at stops to some distilleries...it was only for the brave of heart! Wow, it packs a kick! The rest of us stopped with the Bourbon Glazed Sugar Cookies! A very wise choice!



It was a fantastic trip to the Peabody Museum! Such a great place to visit! We enjoyed all the exhibits!