# Colebrook Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

Field Day brought us guests from Elmbrook! We spent the day competing, laughing and visiting! It was fun, and I dare say we are the Champions!



John welcoming his opponent...let the corn hole tournament commence! We were well matched!





### October 2025



Scot and Mike competed in a three-legged race! They filled their container with rice first! We will take it as a Win!



After a picnic lunch we got back together to play Beach Ball Volleyball! Lots of laughs! A good time had by all!



Colebrook Residents Heaved Ho and pulled Scot, their director to them first! Whoohooo! Way to work as a team!!!!!

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### October 2025

SW Spiritual Wellness
PW Physical Wellness
IA Intellectual Wellness
SW Social Wellness
MN Entertainment or Movie

|  |  |   |  | MN Entertainment or Movie   |  |  |
|--|--|---|--|---|--|--|
| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
| October Birthdays!  • Laura T. 10/1  • Marlynn C. 10/1  • Marie S. 10/3  • Marguerite H 10/3  • Leona C. 10/14  • Nancy S. 10/17  • Ida M. 10/20  • Frank M. 10/25  Happy Birthday to You All!   | UC UCONN UCONN   | Colebrook Spirit Week! Hat Day, Ice<br>Cream With Musica Great Week!  | Yom Kippur  9:30 PW Yoga!  10:30 A Out Trip  10:30 W Parkinson's Group  10:30 A UNO!  12:45 W Guided Meditation!  1:30 PW Seated Cardio with Music!  2:00 A Creative Corner  2:30 W Scenic Drive  3:00 SV Pick a Prize Bingo  4:00 SV Social Time  6:30 MN Movie Night                   | 10:00 PW Rhythm Drumming! 11:00 SW Catholic Mass with Fr Mike 1:30 IA White Board Wheel of Fortune! 2:00 IA Bridge 2:15 PW Zumba 3:00 PW Balloon Volleyball 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night | 10:00 PW Pumpkin Power! 10:00 A Resident Shuttle to Ted's & CVS 10:30 SW Rosary 11:00 A Vivacious Voices! 1:30 A Crochet Class! 2:00 PW Parkinson's Exercise Group 2:00 A Short Story Crew! 2:30 PW Men's Power Half Hour! 3:00 W Memorial Reception for Norman! 3:00 A Out Trip to Hebron Library! 3:30 A Country Store                               | 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Exercise Time 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!                                      |
| 8:50 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night! | 9:30 A Team Sudoku! 10:00 W Senior Stability Class! 10:00 A Shopping Out Trip to Walmart/Aldi 10:30 A Wii Jeopardy 11:00 A Vivacious Voices! 12:30 W Nail Care! by Appt! 1:00 M Matinee Showing of Musical Monday! 1:30 W Cardio Drumming! 2:00 A Scattergories 4:00 W Social Time 6:30 M M Movie Night!   | 10:30 IA Wordle! 11:00 IA Armchair Travel 1:00 FW Wii Bowling!  | 9:30 PW Yoga! 10:30 A Out Trip 10:30 A Cards with Gayle! 10:30 PW Senior Stability Class! 11:00 A UNO! 12:45 EW Guided Meditation! 1:30 EW Seated Cardio with Music 2:30 EW Scenic Drive 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night                              | 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:30 IA White Board Wheel of Fortune! 2:00 IA Bridge 2:15 PW Zumba 3:00 IA Great Course Lecture Series 3:00 PW Noodle Ball! 4:00 SW Social Time 6:30 MN Movie Night            | Bea Smith's Clothing Show 11-3  10:00 PW Pumpkin Power!  10:00 A Resident Shuttle to Ted's & CVS  10:30 W Rosary  11:00 A Vivacious Voices!  1:30 A Crochet Class!  2:00 PW Parkinson's Exercise Group  2:00 A Short Story Crew!  2:30 PW Men's Power Half Hour!  3:00 A Out Trip to Hebron Library!  3:00 A Word Within A Word!  3:30 A Country Store | Can/Bottle Drive for Alz! 9-Noon! 11 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Exercise Time 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night! |
| 8:50 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night! | 9:30 A Team Sudoku! 10:00 W Senior Stability Class! 10:00 A Shopping Out Trip to Dollar General 10:30 A Wii Jeopardy 11:00 M Vivacious Voices! 1:00 M Matinee Showing of Musical Monday! 1:30 W Cardio Drumming! 1:30 A Eric the Plant Guy 3:00 A Setback! 4:00 W Social Time 6:30 M M Movie Night!  | 10:00 PW Rhythm Drumming! 10:30 IA Wordle! 11:00 IA Armchair Travel 1:00 PW Wii Bowling!  | 9:30 PW Yoga! 10:30 A Out Trip 10:30 W Senior Stability Class! 11:00 A UNO! 12:45 W Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 A Creative Corner 2:30 W Scenic Drive 3:00 SV Pick a Prize Bingo 4:00 SV Social Time 6:30 MN Movie Night                                   | 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:30 A White Board Wheel of Fortune! 2:00 A Bridge 2:15 PW Zumba 3:00 PW Balloon Volleyball 3:00 A Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night         | Onsite Dental Day!  10:00 PW Pumpkin Power!  10:00 A Resident Shuttle to Ted's & CVS  10:30 SW Rosary  11:00 A Vivacious Voices!  1:30 A Crochet Class!  2:00 A Fall Seminar with Kate from Enliven!  2:00 A Short Story Crew!  2:30 PW Men's Power Half Hour!  3:00 A Out Trip to Hebron Library!  3:00 A Word Within A Word!  3:30 Country Store     | 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Exercise Time 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!                                      |
| 8:50 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night! | 9:30 A Team Sudoku! 10:00 PW Senior Stability Class! 10:00 A Shopping Out Trip to Eastbrook Mall Area 10:30 W AHM Play Group Play Date! 1:00 MN Matinee Showing of Musical Monday! 1:30 PW Cardio Drumming! 1:30 SW Resident Council 2:15 A Scattergories 3:00 A Voting: Absentee Ballot Request/Registration 4:00 SW Social Time 6:30 MN Movie Night! | 10:00 PW Rhythm Drumming! 10:30 A Wordle! 11:00 A Armchair Travel 1:00 PW Wii Bowling! 1:15 PW Medi Ball Workout! 2:00 A Bridge | 9:30 PW Yoga! 10:30 PW Scenic Drive 10:30 PW Senior Stability Class! 11:00 A UNO! 12:30 A Out Trip to Ivoryton for "Incident at My Lady of Perpetual Help" 12:45 W Guided Meditation! 1:30 W Seated Cardio with Music 3:00 SW Pick a Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night | 10:00 PW Rhythm Drumming! 10:30 SW Coffee, Tea and Chat! 1:30 IA White Board Wheel of Fortune! 2:00 IA Bridge 2:15 PW Zumba 3:00 IA Great Course Lecture Series 3:00 PW Noodle Ball! 4:00 SW Social Time 6:30 MN Movie Night            | 10:00 PW Pumpkin Power! 10:00 A Resident Shuttle to Ted's & CVS 10:30 SW Rosary 11:00 A Vivacious Voices! 1:30 A Crochet Class! 2:00 PW Parkinson's Exercise Group 2:00 A Short Story Crew! 2:30 PW Men's Power Half Hour! 3:00 A Out Trip to Hebron Library! 3:00 A Word Within A Word! 3:30 A Country Store  | 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Exercise Time 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!                                      |
| 8:50 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 2:00 SW Girl Scout Costume Parade! 3:00 PW Balloon Volleyball! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!    |  | 10:00 PW Rhythm Drumming! 10:30 IA Wordle! 11:00 IA Armchair Travel 1:00 PW Wii Bowling!  | 9:30 PW Yoga! 10:30 A Out Trip 10:30 W Senior Stability Class! 11:00 A UNO! 12:45 W Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 A Creative Corner 2:30 W Scenic Drive 3:00 W Pick a Prize Bingo 4:00 W Social Time 6:30 MN Movie Night                                     | 10:00 PW Rhythm Drumming! 11:00 SW Service with Father Ron 1:30 IA White Board Wheel of Fortune! 2:00 A Bridge 2:15 PW Zumba 3:00 PW Balloon Volleyball 3:00 A Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night      | 10:00 PW Pumpkin Power! 10:00 A Resident Shuttle to Ted's & CVS 10:30 SW Rosary 11:00 A Vivacious Voices! 1:30 A Crochet Class! 2:00 PW Parkinson's Exercise Group 2:00 A Short Story Crew! 2:30 PW Men's Power Half Hour! 3:00 A Out Trip to Hebron Library! 3:00 A Word Within A Word! 3:30 A Country Store  |  |

### October 2025



Our Vivacious Voices group has Grown!!!! What an amazing concert they performed to a packed house on Labor Day! They looked and sounded terrific! Can't wait for their next one! They are always accepting new members so if you like to sing, please consider joining, you'll be glad you did!



A Great Field Day Experience! These faces say it all...friendly competition, a chance to connect with others! Thank you all for joining in the fun and we look forward to future opportunities to bring the two communities together!

