Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Cedarbrook Village			 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 10:00am Manicures w/ Steph (LS) 12:30pm → Scenic Outing to Mineral Hills Winery 1:00pm Animal Miracles Documentary (T) 6:00pm Light Halloween & Spooky Fun: The Craft (T) 	 9:00am Exercise w/Tara (LS) 10:00am Catholic Mass w/ FR. Petter (C) 10:00am Exercise w/Tara (LS) 1:00pm Resident Council Meeting (LS) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 3:00pm Sing a long w/ Sandy (P) 6:00pm Comedy Corner Movie Night: Home Team (T) 	10:00am Exercise w/Ron (LS) 10:30am Let's Play some Pool! (P) 1:30pm Yahtzee (LS) 2:00pm Fall Cider & Conversation on the Patio 3:00pm Room Visits 6:00pm Classic Monster Movies: Dan Curtis' Dracula (T)	 10:00am Exercise w/ Traci (LS) 11:00am Catholic Prayer Group w/ Maureen of Divine Mercy Ministry (C) AF ** Saturday Independent Activities: Puzzle & Game Station (LS) AF Audiobook or Music Corner (L) AF DIY Art Cart or Craft Box (LS) AF Self-Serve Board Games (LS) 6:00pm Resident Pick Movie (TH)
 10:00am Catholic Mass on TV (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am Morning Autumn Tea Lounge: Cider & Conversation (LS) 2:00pm Prize Bingo (P) 6:00pm Sunday Theater: Feild of Dreams (T) 8:20pm Patriots Game (P) 	 9:00am Shopping Trip 9:30am HIIT Class (FC) 10:00am Jeopardy in Theater (T) 1:00pm Crafty Corner: Air Dry Clay Ghosts - 2-Part Craft Tutorial! (LS) 2:00pm October Fest: Beer Tasting Social (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Harvest & Heartwarming: On Swift Horses (T) 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Chocolate Pumpkin Bread (LS) 1:00pm Lifelong Health: Achieving Optimum Well-Being at Any Age (T) 2:00pm Quarter Bingo (P) 3:00pm Frappe Day: Join us for Frappuccino's (P) 6:00pm Newer & Noteworthy Movies: Sophie and the Rising Sun 	 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 11:30am Back by Popular Demand! Picnic on the Summit 1:00pm Blood Pressure Clinic 1:00pm Knotty Knitters (LS) 2:00pm Animal Miracles Documentary (T) 2:30pm Manicures w/ Steph (LS) 6:00pm Light Halloween & Spooky Fun: Practical Magic (T) 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Crafty Corner: Day 2 Clay Ghosts (LS) 1:00pm Ms Senior America Pageant LLC (Live Streaming) (P) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Comedy Corner Movie Night: Wicked Little Letters (T) 	10:00am Exercise w/Ron (LS) 10:00am Men's Group with Ralph (P) 1:30pm Rummikub (LS) 2:00pm Afternoon Tea & Conversations (P) 3:00pm Room Visits 6:00pm Classic Monster Movies: Frankenstein (T)	 10:00am Exercise w/ Traci (LS) AF ★ Saturday Independent Activities: Puzzle & Game Station (LS) AF Audiobook or Music Corner (L) AF DIY Art Cart or Craft Box (LS) AF Self-Serve Board Games (LS) 6:00pm Resident Pick Movie (TH)
Location Key	LS = Lucy Stone Activity Room P = Pub T = Theater C = Chapel L = Library CY = Courtyard FC = Fitness Center	Happy Ma Birthday! Car Doi	anda M 1st crie L 3rd ie B 7th rol S 7th rothy E 8th via D 12th	Patricia F 17th Ronald "Ron" S 19th Chester "Hoppy" H 21st Joan C 21st Betty S 22nd Ernest "Mac" M 27th	Activity Types	Community Involvement Emotional Entertainment Intellectual Outing Physical Purposeful Social Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:00am Catholic Mass on TV (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am Morning Autumn Tea Lounge: Cider & Conversation (LS) 2:00pm Prize Bingo (P) 4:25pm Patriots Game (P) 6:00pm Sunday Theater: Hannah and her Sisters (T) 	 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 9:30am HIIT Class w/Tara (FC) 10:00am Crafty Corner: Egg Box Ghost Portraits (LS) 2:00pm Let's Build A Scarecrow (LS) 3:00pm Cedarbrook Hold'em (P) 6:00pm Harvest & Heartwarming: Moving On (T) 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Carmel Apple Brown Butter Oatmeal Cream Pies (LS) 1:00pm Lifelong Health: The Cellular Biology of Aging (T) 2:00pm Quarter Bingo (P) 3:00pm Sweets for Support: A Pink Day Social (P) 6:00pm Newer & Noteworthy Movies: Ordinary People 	 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 10:30am Chef Demo (LS) 1:00pm Pumpkin Picking at Fletcher Farm 1:00pm National I Love Lucy Day: TV Show (T) 3:00pm Manicures w/Steph (LS) 6:00pm Poltergeist 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Hearts & Hope: Card-Making for Breast Cancer Patients (LS) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Comedy Corner Movie Night: Wine Country (T) 	 10:00am Exercise w/Ron (LS) 10:30am Sorry! (Board Game) (LS) 1:00pm Nutritious Nibbles (LS) 2:00pm Dave Colucci (P) 3:00pm Room Visits 6:00pm Classic Monster Movie: Mummy (T) 	 10:00am Exercise w/ Traci (LS) 11:00am Catholic Prayer Group w/ Maureen of Divine Mercy Ministry (C) Afternoon
 10:00am Catholic Mass on TV (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am Morning Autumn Tea Lounge: Cider & Conversation (LS) 1:00pm Patriots Game (P) 1:00pm Protestant Worship Service with Pastor Katie (C) 2:00pm Prize Bingo (P) 6:00pm Sunday Theater: Radio Days (T) 	 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 9:30am HIIT Class w/Tara (FC) 10:00am Trivia Pursuit (LS) 1:00pm Crafty Corner: Fall Paint and Sip (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Harvest & Heartwarming: The Price of Nonna's Inheritance (T) 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Pumpkin Spiced Cookies with Cream Cheese Frosting (LS) 1:00pm Lifelong Health: The Physiology of Aging (T) 2:00pm Quarter Bingo (P) 3:00pm National Apple Day: Carmel Apple & Drinks (P) 6:00pm Newer & Noteworthy Movies: 	 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 11:00am Picnic in the Quabbin 1:00pm Animal Miracles Documentary (T) 1:00pm Knotty Knitters (LS) 2:00pm Life-Size Halloween Slot Machine Game (LS) 3:00pm Manicures w/ Steph (LS) 6:00pm Light Halloween & Spooky Fun: Casper (T) 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Pumpkin Decorating & Carving (LS) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Comedy Corner Movie Night: Were the Miller's (T) 	 10:00am Exercise w/Ron (LS) 1:30pm Pumpkin Bowling (LS) 2:00pm Afternoon Tea & Conversation (P) 3:00pm Room Visits 6:00pm Classic Monster: Beetlejuice (T) 	 10:00am Exercise w/ Traci (LS) Afternoon Saturday Independent Activities: Puzzle & Game Station (LS) Afternoon Audiobook or Music Corner (L) Afternoon DIY Art Cart or Craft Box (LS) Afternoon Self-Serve Board Games (LS) 6:00pm Resident Pick Movie (TH)
 10:00am Catholic Mass on TV (T) 10:00am Morning Stretch w/ Alicia (LS) 10:30am Morning Autumn Tea Lounge: Cider & Conversation (LS) 1:30pm Patriots Game (P) 2:00pm Prize Bingo (P) 6:00pm Sunday Theater: The Baby Dance (T) 	 9:00am Exercise w/Tara (LS) 9:00am Shopping Trip 9:30am HIIT Class w/Tara (FC) 10:00am Art w/ Amy 2:00pm Quarter Bingo (P) 3:00pm Cedarbrook Hold'em (P) 6:00pm Harvest & Heartwarming 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am Baking Club: Ghost Brown Butter Cookies (LS) 1:00pm Lifelong Health: Myths of Aging- Magical times & Places (T) 2:00pm Memory Lane (P) 4:00pm Cedarbrook Trunk or Treat (P) 6:00pm Newer & Noteworthy Movies: 	 9:00am Exercise w/Tara (LS) 9:30am HIIT Class w/Tara (FC) 10:00am Board Games (LS) 11:00am Wagon Wheel Country Drive In 1:00pm Animal Miracles Documentary (T) 2:00pm Manicures w/ Steph (LS) 6:00pm Light Halloween & Spooky Fun: It's the Great Pumpkin, Charlie Brown (T) 	 9:00am Exercise w/Tara (LS) 10:00am Exercise w/Tara (LS) 10:30am "Toss the Ghost" (Halloween Balloon Basket Toss) (LS) 2:00pm Quarter Bingo (P) 3:00pm Happy Hour (P) 6:00pm Comedy Corner Movie Night: Hubie Halloween (T) 	 10:00am Exercise w/Ron (LS) 10:00am Men's Group with Ralph (P) 10:30am Pictionary (LS) 2:00pm	