

Colebrook ~ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

Labor Day

Labor Day, observed on the first Monday in September, became a federal holiday in 1894. The day recognizes the contributions and achievements of American workers. Labor Day also symbolizes the end of summer for many Americans.



This Labor Day we will enjoy a concert prepared by our very own Colebrook Vivacious Voices! The group meets on Monday and Friday at 11am. It has grown in size and for that we are thrilled, but there is always room for more! Interested, please come join in! We would love to have you!

Music and Memory: 'Veronica'

Elvis Costello and Paul McCartney teamed up to write "Veronica," a 1989 song inspired by Costello's grandmother, who had Alzheimer's. The "Veronica" music video features Costello reminiscing about his grandmother. The research and treatment of Alzheimer's and dementia continues today, and we recognize World Alzheimer's Day on Sept. 21 to bring awareness to a disease affecting too many loved ones.



September 2025



Age Doesn't Matter

"Age is something that doesn't matter, unless you are a cheese." —Billie Burke



Colebrook's Masked Singer was a huge success! Thank you to all our staff who overcame stage fright to sing for us and take each other on in a bracket style competition! Congratulations to Bonnie from the Activity Department on being the winner of the masked singer!







EW

Emotional Wellness

IA

Independent Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>September Birthdays!</div> <div><div>•</div><div>Jan D.</div><div>9/3</div></div> <div><div>•</div><div>Bob Fraleigh</div><div>9/9</div></div> <div><div>•</div><div>Shirley B.</div><div>9/9</div></div> <div><div>•</div><div>Margaret C.</div><div>9/17</div></div> <div><div>•</div><div>Bob Farmer</div><div>9/21</div></div> <div><div>•</div><div>Helga K.</div><div>9/28</div></div> <div>Happy Birthday to You All!</div>	<div>Labor Day</div> <div>1</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:00 <div>PW</div> Prerecorded Exercise!</div> <div>10:00 <div>IA</div> Shopping Out Trip to Teds/CVS</div> <div>10:30 <div>IA</div> Wii Jeopardy</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>1:00 <div>MN</div> Matinee Showing of Musical Monday!</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>2:15 <div>MN</div> Vivacious Voices Labor Day Performance!</div> <div>3:00 <div>SW</div> Corn on the Cob & Labor Day Fun!</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>2</div> <div>9:00 <div>PW</div> Blood Pressure Clinic!</div> <div>10:00 <div>PW</div> Rhythm Drumming!</div> <div>10:30 <div>IA</div> Wordle!</div> <div>11:00 <div>IA</div> Armchair Travel</div> <div>1:00 <div>PW</div> Wii Bowling!</div> <div>1:15 <div>PW</div> Medi Ball Workout!</div> <div>2:00 <div>IA</div> Bridge</div> <div>3:00 <div>IA</div> Corn Hole</div> <div>3:00 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>5:45 <div>EW</div> Pet Therapy Training</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>3</div> <div>9:30 <div>PW</div> Yoga!</div> <div>10:30 <div>IA</div> Out Trip</div> <div>10:30 <div>EW</div> Parkinson's Group</div> <div>10:30 <div>IA</div> UNO!</div> <div>12:45 <div>EW</div> Guided Meditation!</div> <div>1:30 <div>PW</div> Seated Cardio with Music!</div> <div>2:00 <div>IA</div> Creative Corner</div> <div>2:30 <div>EW</div> Scenic Drive</div> <div>3:00 <div>SW</div> Pick a Prize Bingo</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div></div> <div>4</div> <div>10:00 <div>PW</div> Rhythm Drumming!</div> <div>11:00 <div>SW</div> Catholic Mass with Fr Mike</div> <div>1:30 <div>IA</div> Lydia Axelrod, One Woman Show!</div> <div>2:00 <div>IA</div> Bridge</div> <div>2:30 <div>PW</div> Zumba</div> <div>3:00 <div>PW</div> Balloon Volleyball</div> <div>3:00 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div></div> <div>5</div> <div>10:00 <div>IA</div> Resident Shuttle to Ted's & CVS</div> <div>10:00 <div>PW</div> Senior Stability Class!</div> <div>10:30 <div>SW</div> Rosary</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>1:15 <div>IA</div> TED Talk and Chat!</div> <div>2:00 <div>SW</div> Karaoke Friday!</div> <div>2:00 <div>PW</div> Parkinson's Exercise Group</div> <div>2:00 <div>IA</div> Short Story Crew!</div> <div>2:30 <div>PW</div> Men's Power Half Hour!</div> <div>3:00 <div>IA</div> Out Trip to Hebron Library!</div> <div>3:00 <div>IA</div> Word Within A Word!</div> <div>3:30 <div>IA</div> Country Store</div>	<div></div> <div>6</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:30 <div>IA</div> Great Courses: Lecture Series</div> <div>11:00 <div>PW</div> Exercise Time</div> <div>1:15 <div>IA</div> Name That Tune Jeopardy!</div> <div>1:45 <div>MN</div> Movie Matinee</div> <div>3:00 <div>SW</div> DOLLAR BINGO</div> <div>4:00 <div>SW</div> Soda Saturday Social!</div> <div>6:30 <div>MN</div> Movie Night!</div>
<div></div> <div>7</div> <div>8:50 <div>SW</div> Transportation to Local Churches</div> <div>10:00 <div>SW</div> Televised Catholic Mass</div> <div>10:30 <div>SW</div> Second Cup Sunday!</div> <div>11:00 <div>IA</div> Wii Bowling!</div> <div>1:00 <div>MN</div> Sunday at the Opera</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>2:15 <div>IA</div> Balloon Volleyball!</div> <div>3:00 <div>IA</div> UNO!</div> <div>4:00 <div>IA</div> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div>Spirit Week: Hat Day!</div> <div>8</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:00 <div>PW</div> Over Under Train!</div> <div>10:00 <div>IA</div> Shopping Out Trip to Walmart/Aldi</div> <div>10:30 <div>IA</div> Wii Jeopardy</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>1:00 <div>MN</div> Matinee Showing of Musical Monday!</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>1:30 <div>IA</div> Eric the Plant Guy</div> <div>3:00 <div>SW</div> The Price is Right!</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div>Spirit Week: Pajama Day!</div> <div>9</div> <div>10:00 <div>PW</div> Noodle Ball!</div> <div>10:30 <div>IA</div> Wordle!</div> <div>11:00 <div>IA</div> Armchair Travel</div> <div>1:00 <div>PW</div> Wii Bowling!</div> <div>1:15 <div>PW</div> Medi Ball Workout!</div> <div>2:00 <div>IA</div> Bridge</div> <div>2:00 <div>MN</div> Concert with Bruce John!</div> <div>3:00 <div>IA</div> Corn Hole!</div> <div>3:00 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>5:45 <div>EW</div> Pet Therapy Training</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div>Spirit Week: Wear Colebrook Blue!</div> <div>10</div> <div>9:30 <div>PW</div> Yoga!</div> <div>10:30 <div>PW</div> Field Day Fun!</div> <div>11:00 <div>PW</div> Field Day Fun!</div> <div>1:00 <div>PW</div> Field Day Fun!</div> <div>3:00 <div>SW</div> Big Prize Bingo</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div>Spirit Week: Mismatch Day!</div> <div>11</div> <div>10:00 <div>PW</div> Water Pong!</div> <div>10:30 <div>SW</div> Coffee, Tea and Chat!</div> <div>1:30 <div>MN</div> Magician/Illusionist Chris Lengel</div> <div>2:45 <div>PW</div> Zumba</div> <div>3:15 <div>PW</div> Balloon Volleyball!</div> <div>3:15 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div>Spirit Day: Denim Day</div> <div>12</div> <div>10:00 <div>IA</div> Resident Shuttle to Ted's & CVS</div> <div>10:00 <div>PW</div> Vacuum Warriors!</div> <div>10:30 <div>SW</div> Rosary</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>2:00 <div>SW</div> Karaoke Friday!</div> <div>2:00 <div>PW</div> Parkinson's Exercise Group</div> <div>2:00 <div>IA</div> Short Story Crew!</div> <div>2:30 <div>PW</div> Men's Power Half Hour!</div> <div>3:00 <div>IA</div> Out Trip to Hebron Library!</div> <div>3:00 <div>IA</div> Word Within A Word!</div> <div>3:30 <div>IA</div> Country Store</div>	<div></div> <div>13</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:30 <div>IA</div> Great Courses: Lecture Series</div> <div>11:00 <div>PW</div> Exercise Time</div> <div>1:15 <div>IA</div> Name That Tune Jeopardy!</div> <div>1:45 <div>MN</div> Movie Matinee</div> <div>3:00 <div>SW</div> DOLLAR BINGO</div> <div>4:00 <div>SW</div> Soda Saturday Social!</div> <div>6:30 <div>MN</div> Movie Night!</div>
<div></div> <div>14</div> <div>8:50 <div>SW</div> Transportation to Local Churches</div> <div>10:00 <div>SW</div> Televised Catholic Mass</div> <div>10:30 <div>SW</div> Second Cup Sunday!</div> <div>11:00 <div>IA</div> Wii Bowling!</div> <div>1:00 <div>MN</div> Sunday at the Opera</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>2:15 <div>IA</div> Balloon Volleyball!</div> <div>3:00 <div>IA</div> UNO!</div> <div>4:00 <div>IA</div> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>15</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:00 <div>PW</div> Senior Stability Class!</div> <div>10:00 <div>IA</div> Shopping Out Trip to Dollar General</div> <div>10:30 <div>IA</div> Wii Jeopardy</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>1:00 <div>MN</div> Matinee Showing of Musical Monday!</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>1:30 <div>SW</div> Resident Council</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>16</div> <div>10:00 <div>PW</div> Rhythm Drumming!</div> <div>10:30 <div>IA</div> Wordle!</div> <div>11:00 <div>IA</div> Armchair Travel</div> <div>1:00 <div>PW</div> Wii Bowling!</div> <div>1:15 <div>PW</div> Medi Ball Workout!</div> <div>2:00 <div>IA</div> Bridge</div> <div>2:00 <div>IA</div> World of Harmonica with Bob Hennessy!</div> <div>3:15 <div>IA</div> Corn Hole</div> <div>3:15 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>5:45 <div>EW</div> Pet Therapy Training</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>17</div> <div>9:30 <div>PW</div> Yoga!</div> <div>10:30 <div>IA</div> Out Trip</div> <div>10:30 <div>PW</div> Senior Stability Class!</div> <div>11:00 <div>IA</div> UNO!</div> <div>12:45 <div>EW</div> Guided Meditation!</div> <div>1:30 <div>PW</div> Seated Cardio with Music!</div> <div>2:00 <div>IA</div> Creative Corner</div> <div>2:30 <div>EW</div> Scenic Drive</div> <div>3:00 <div>SW</div> Pick a Prize Bingo</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div></div> <div>18</div> <div>10:00 <div>PW</div> Rhythm Drumming!</div> <div>10:30 <div>SW</div> Coffee, Tea and Chat!</div> <div>1:30 <div>IA</div> White Board Wheel of Fortune!</div> <div>2:00 <div>IA</div> Bridge</div> <div>2:15 <div>PW</div> Zumba</div> <div>3:00 <div>PW</div> Balloon Volleyball</div> <div>3:00 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div></div> <div>19</div> <div>10:00 <div>IA</div> Resident Shuttle to Ted's & CVS</div> <div>10:00 <div>PW</div> Senior Stability Class!</div> <div>10:30 <div>SW</div> Rosary</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>2:00 <div>SW</div> Karaoke Friday!</div> <div>2:00 <div>PW</div> Parkinson's Exercise Group</div> <div>2:00 <div>IA</div> Short Story Crew!</div> <div>2:30 <div>PW</div> Men's Power Half Hour!</div> <div>3:00 <div>IA</div> Out Trip to Hebron Library!</div> <div>3:00 <div>IA</div> Word Within A Word!</div> <div>3:30 <div>IA</div> Country Store</div>	<div></div> <div>20</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:30 <div>IA</div> Great Courses: Lecture Series</div> <div>11:00 <div>PW</div> Exercise Time</div> <div>1:15 <div>IA</div> Name That Tune Jeopardy!</div> <div>1:45 <div>MN</div> Movie Matinee</div> <div>3:00 <div>SW</div> DOLLAR BINGO</div> <div>4:00 <div>SW</div> Soda Saturday Social!</div> <div>6:30 <div>MN</div> Movie Night!</div>
<div></div> <div>21</div> <div>8:50 <div>SW</div> Transportation to Local Churches</div> <div>10:00 <div>SW</div> Televised Catholic Mass</div> <div>10:30 <div>SW</div> Second Cup Sunday!</div> <div>11:00 <div>IA</div> Wii Bowling!</div> <div>1:00 <div>MN</div> Sunday at the Opera</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>2:15 <div>IA</div> Balloon Volleyball!</div> <div>3:00 <div>IA</div> UNO!</div> <div>4:00 <div>IA</div> Res-Led Rummikub, Cards, Games!</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>22</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:00 <div>PW</div> Senior Stability Class!</div> <div>10:00 <div>IA</div> Shopping Out Trip to Eastbrook Mall Area</div> <div>10:30 <div>IA</div> Wii Jeopardy</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>12:30 <div>EW</div> Nail Care! by Appt!</div> <div>1:00 <div>MN</div> Matinee Showing of Musical Monday!</div> <div>1:30 <div>PW</div> Cardio Drumming!</div> <div>3:00 <div>SW</div> Off to the Races!</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>23</div> <div>10:00 <div>PW</div> Rhythm Drumming!</div> <div>10:30 <div>IA</div> Wordle!</div> <div>11:00 <div>IA</div> Armchair Travel</div> <div>1:00 <div>PW</div> Wii Bowling!</div> <div>1:15 <div>PW</div> Medi Ball Workout!</div> <div>2:00 <div>IA</div> Bridge</div> <div>2:00 <div>MN</div> Oktoberfest! Concert</div> <div>3:00 <div>SW</div> Oktoberfest Social!</div> <div>3:15 <div>IA</div> Great Course Lecture Series</div> <div>5:45 <div>EW</div> Pet Therapy Training</div> <div>6:30 <div>MN</div> Movie Night!</div>	<div></div> <div>24</div> <div>9:30 <div>PW</div> Yoga!</div> <div>10:30 <div>IA</div> Out Trip</div> <div>10:30 <div>PW</div> Senior Stability Class!</div> <div>11:00 <div>IA</div> UNO!</div> <div>12:45 <div>EW</div> Guided Meditation!</div> <div>1:30 <div>EW</div> Seated Cardio with Music</div> <div>2:30 <div>EW</div> Scenic Drive</div> <div>3:00 <div>SW</div> Pick a Prize Bingo</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div></div> <div>25</div> <div>10:00 <div>PW</div> Rhythm Drumming!</div> <div>11:00 <div>SW</div> Service with Father Ron</div> <div>1:30 <div>IA</div> White Board Wheel of Fortune!</div> <div>2:00 <div>IA</div> Bridge</div> <div>2:15 <div>PW</div> Zumba</div> <div>3:00 <div>PW</div> Balloon Volleyball!</div> <div>3:00 <div>IA</div> Great Course Lecture Series</div> <div>4:00 <div>SW</div> Social Time</div> <div>6:30 <div>MN</div> Movie Night</div>	<div></div> <div>26</div> <div>10:00 <div>IA</div> Resident Shuttle to Ted's & CVS</div> <div>10:00 <div>PW</div> Senior Stability Class!</div> <div>10:30 <div>SW</div> Rosary</div> <div>11:00 <div>IA</div> Vivacious Voices!</div> <div>2:00 <div>SW</div> Karaoke Friday!</div> <div>2:00 <div>PW</div> Parkinson's Exercise Group</div> <div>2:00 <div>IA</div> Short Story Crew!</div> <div>2:30 <div>PW</div> Men's Power Half Hour!</div> <div>3:00 <div>IA</div> Out Trip to Hebron Library!</div> <div>3:00 <div>IA</div> Word Within A Word!</div> <div>3:30 <div>IA</div> Country Store</div>	<div></div> <div>27</div> <div>9:30 <div>IA</div> Team Sudoku!</div> <div>10:30 <div>IA</div> Great Courses: Lecture Series</div> <div>11:00 <div>PW</div> Exercise Time</div> <div>1:15 <div>IA</div> Name That Tune Jeopardy!</div> <div>1:45 <div>MN</div> Movie Matinee</div> <div>3:00 <div>SW</div> DOLLAR BINGO</div> <div>4:00 <div>SW</div> Soda Saturday Social!</div> <div>6:30 <div>MN</div> Movie Night!</div>
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September 2025

Coral Had a Beautiful Healthy Baby Boy!



Welcome Jadiel Benitez

We have been watching Coral's belly grow for so long! During our gender reveal party, we learned she was having a baby boy. Month by month, we have been watching the days go by anxiously awaiting the big day. Our Colebrook community, residents and staff came together in a big way and we were able to shower Coral and her new baby with so many gifts! She was thrilled and awed by your generosity! She has been so good to us, it was nice to be able to do something for her in return! Well the big day arrived! Coral's last day of work...she felt off, and had to leave early and it is a good thing. She ended up welcoming her son, Jadiel, at 6:11pm that evening August 8th, one week prior to her expected date. He was 8lbs, 21in with a full head of hair! It looks like most of his weight is in his cheeks! Congrats to Coral and her family!

"This Month In History" SEPTEMBER

1846: German astronomer Johann Galle first observes the planet Neptune.

1957: The Little Rock Nine face mobs and rioting in their attempts to attend previously segregated Little Rock Central High School. President Eisenhower eventually sends the 101st Army Airborne to escort the children safely to school.

1965: Satchel Paige becomes the oldest player in Major League Baseball history at 59 years old when he pitches three innings against the Boston Red Sox. Paige

was the first Negro Leagues veteran to be inducted to the National Baseball Hall of Fame six years later.

1966: The sci-fi TV series "Star Trek" premieres, inviting audiences "to boldly go where no man has gone before."

1972: Bobby Fischer defeats Boris Spassky in "the match of the century" to become the world chess champion. Fischer was only 29 years old.

1984: Joe Kittinger completes the first solo balloon crossing of the Atlantic Ocean. He launched from Maine and crash landed on the Italian coast 86 hours later, breaking his ankle and a record for distance in a solo balloon flight.

1986: "The Oprah Winfrey Show" debuts nationwide, running until May 25, 2011.

1998: Google is founded in Menlo Park, Calif., and receives 10,000 queries in its initial beta phase.